



**Northumbria
University
NEWCASTLE**

Children and Young People's Psychological Trainings

PG Cert in Clinical Supervision

Children and Young People's Psychological Trainings

- At Northumbria University, we are passionate about developing the workforce to promote resilience, prevention and early intervention in services for children and young people.
- The Children and Young People's Psychological Trainings (CYP-PT) programme aims to “transform” children and young people's mental health services. Uniquely, it provides training based on CYP-PT principles for supervisors, leaders and staff delivering evidence-based therapies.
- Trainees will have the opportunity to develop their knowledge and understanding, professional skills and abilities as well as the personal values required of competent and effective practitioners working with children, young people, and their families.
- For further information, please email HS.CYP-IAPT@northumbria.ac.uk



Requirements for all programmes

- Employers must ensure trainees have access to **suitable equipment and software** to record and store clinical recordings if required for the programme. This will include (but is not restricted to) a laptop, camera, microphone, recording software and a suitable venue.
- Employers must ensure that trainees meet the **minimum entry requirements** for each programme.
- Employers must ensure that trainees have access to suitable supervision if required for the programme.
- Trainees must ensure that they meet a **minimum attendance of 80%**.
- Trainees must achieve the **minimum clinical requirements** for each programme.
- Trainees are eligible for training if they have not accessed an CYP-PT funded training programme **within the last 2 years**.
- Trainees **must be employed by a service** before the start of their programme.
- Employers must consider **travel and accommodation costs**; courses are hybrid with a mixture of face to face and online learning.

Training Programmes

- CBT - PG Diploma in Evidence Based Psychological Therapy (CBT)
- CWP – PG Diploma in Mental Health and Emotional Wellbeing Studies in Community and Primary Care Environments
- EEBP – PG Cert/Advanced Diploma in Enhanced Assessment and Intervention Skills for CAMHS Practice
- EMHP – PG Diploma in Mental Health and Emotional Wellbeing Studies in the Educational Environment
- PCPS – Parent Carer Peer Support
- SFP - PG Diploma in Evidence Based Psychological Therapy (SFP)
- SWP – PG Diploma Senior Wellbeing Practitioner
- Supervision - PG Cert in Clinical Supervision
- Transformational Leadership – PG Cert in Transformational Leadership

Pg Cert in Clinical Supervision

- This course is specifically designed for professionals who are in, or will be required to adopt, Clinical Supervision roles within services participating in the CYP-PT initiative.
- During the programme, trainees will learn generic supervision skills alongside specific skills and knowledge related to their CYP-PT modality.
- 1 year course

Clinical Supervision Module Overview

Module 1

Issues in Clinical Supervision (30 L7 credits)

Module 2

Practice based Clinical Supervision (30 L7 credits)

Clinical Supervision Course Requirements

- **Teaching** – This will typically be on a Tuesday but may also be on a Monday/Wednesday (around 18 days over 1 year). Trainees may need to attend for supervision of supervision on other days in the week.
- **Independent study days** - these will be agreed with the trainee's employer but should be 12.5 days over the year.
- **This is a part-time programme** - trainees will be expected to spend their working week attending University teaching, undertaking supervision work, attending supervision and engaging in independent study.
- **Supervision** - trainees require supervision of supervision from suitably qualified supervisors.
- **Minimum supervision requirements** – Provide 70 hours of supervision within the trainee's modality.

Clinical Supervision Entry Requirements

- For EMHP/CWP Supervision: Current BABCP CBT practitioner accreditation or current BABCP / BPS EMHP or CWP practitioner registration.
- For SFP Supervision: SFP practitioner qualification.
- In addition to the above, 2 years post qualification experience in delivering the therapeutic approach they are trained in.
- If you are unsure whether the identified person is eligible, please contact either of the accrediting bodies (the BPS or BABCP) as the ultimate decision of who can register lies with them.