



**Northumbria
University
NEWCASTLE**

Children and Young People's Psychological Trainings

**PG Cert/Advanced Diploma in Enhanced Assessment
and Intervention Skills for CAMHS Practice (EEBP)**

Children and Young People's Psychological Trainings

- At Northumbria University, we are passionate about developing the workforce to promote resilience, prevention and early intervention in services for children and young people.
- The Children and Young People's Psychological Trainings (CYP-PT) programme aims to “transform” children and young people's mental health services. Uniquely, it provides training based on CYP-PT principles for supervisors, leaders and staff delivering evidence-based therapies.
- Trainees will have the opportunity to develop their knowledge and understanding, professional skills and abilities as well as the personal values required of competent and effective practitioners working with children, young people, and their families.
- For further information, please email HS.CYP-IAPT@northumbria.ac.uk



Requirements for all programmes

- Employers must ensure trainees have access to **suitable equipment and software** to record and store clinical recordings if required for the programme. This will include (but is not restricted to) a laptop, camera, microphone, recording software and a suitable venue.
- Employers must ensure that trainees meet the **minimum entry requirements** for each programme.
- Employers must ensure that trainees have access to suitable supervision if required for the programme.
- Trainees must ensure that they meet a **minimum attendance of 80%**.
- Trainees must achieve the **minimum clinical requirements** for each programme.
- Trainees are eligible for training if they have not accessed an CYP-PT funded training programme **within the last 2 years**.
- Trainees **must be employed by a service** before the start of their programme.
- Employers must consider **travel and accommodation costs**; courses are hybrid with a mixture of face to face and online learning.

Training Programmes

- CBT - PG Diploma in Evidence Based Psychological Therapy (CBT)
- CWP – PG Diploma in Mental Health and Emotional Wellbeing Studies in Community and Primary Care Environments
- EEBP – PG Cert/Advanced Diploma in Enhanced Assessment and Intervention Skills for CAMHS Practice
- EMHP – PG Diploma in Mental Health and Emotional Wellbeing Studies in the Educational Environment
- PCPS – Parent Carer Peer Support
- SFP - PG Diploma in Evidence Based Psychological Therapy (SFP)
- SWP – PG Diploma Senior Wellbeing Practitioner
- Supervision - PG Cert in Clinical Supervision
- Transformational Leadership – PG Cert in Transformational Leadership

PG Cert/Advanced Diploma in Enhanced Assessment and Intervention Skills for CAMHS Practice (EEBP)

- Understand the core components of a successful CYP IAPT programme.
- Demonstrate how these core components are incorporated into their work with children, young people and families.
- Conduct a comprehensive assessment of a child/young person/family, considering elements of risk, development and mental health diagnosis. Carry out brief evidence-based interventions for anxiety disorders and depression in children and young people.
- 6-month course.

EEBP Module Overview

Module 1

Core Skills (20 L6 credits)

Module 2

Assessment (20 L6 credits)

Module 3

Intervention (20 L6 credits)

EEBP Course Requirements

- **Teaching** - Teaching day usually a Wednesday (approximately fortnightly for 17 days).
- **Independent study days** – 13 days across the programme.
- **This is a full-time programme** - trainees will be expected to spend their working week attending University teaching, undertaking clinical work, attending supervision and engaging in independent study.
- **Supervision** – 15 hours CSS.
- **Minimum clinical requirements** – 15 hours CSS, 3 completed cases.

EEBP Entry Requirements

- **Level 5** - diploma of higher education (DipHE); foundation degree; higher national diploma (HND); level 5 award; level 5 certificate; level 5 diploma; level 5 NVQ
- **Level 6** - Degree apprenticeship; degree with honours; graduate certificate; graduate diploma; level 6 award; level 6 NVQ; ordinary degree without honours.