



**Northumbria
University
NEWCASTLE**

Children and Young People's Psychological Trainings

PG Cert Transformational Leadership

Children and Young People's Psychological Trainings

- At Northumbria University, we are passionate about developing the workforce to promote resilience, prevention and early intervention in services for children and young people.
- The Children and Young People's Psychological Trainings (CYP-PT) programme aims to “transform” children and young people's mental health services. Uniquely, it provides training based on CYP-PT principles for supervisors, leaders and staff delivering evidence-based therapies.
- Trainees will have the opportunity to develop their knowledge and understanding, professional skills and abilities as well as the personal values required of competent and effective practitioners working with children, young people, and their families.
- For further information, please email HS.CYP-IAPT@northumbria.ac.uk



Requirements for all programmes

- Employers must ensure trainees have access to **suitable equipment and software** to record and store clinical recordings if required for the programme. This will include (but is not restricted to) a laptop, camera, microphone, recording software and a suitable venue.
- Employers must ensure that trainees meet the **minimum entry requirements** for each programme.
- Employers must ensure that trainees have access to suitable supervision if required for the programme.
- Trainees must ensure that they meet a **minimum attendance of 80%**.
- Trainees must achieve the **minimum clinical requirements** for each programme.
- Trainees are eligible for training if they have not accessed an CYP-PT funded training programme **within the last 2 years**.
- Trainees **must be employed by a service** before the start of their programme.
- Employers must consider **travel and accommodation costs**; courses are hybrid with a mixture of face to face and online learning.

Training Programmes

- CBT - PG Diploma in Evidence Based Psychological Therapy (CBT)
- CWP – PG Diploma in Mental Health and Emotional Wellbeing Studies in Community and Primary Care Environments
- EEBP – PG Cert/Advanced Diploma in Enhanced Assessment and Intervention Skills for CAMHS Practice
- EMHP – PG Diploma in Mental Health and Emotional Wellbeing Studies in the Educational Environment
- PCPS – Parent Carer Peer Support
- SFP - PG Diploma in Evidence Based Psychological Therapy (SFP)
- SWP – PG Diploma Senior Wellbeing Practitioner
- Supervision - PG Cert in Clinical Supervision
- Transformational Leadership – PG Cert in Transformational Leadership

PG Cert Transformational Leadership

- The programme aims to support leaders to transform existing mental health services for children and young people by:
 - 1) introducing participants to a range of leadership theories
 - 2) supporting trainees to realise their leadership potential
 - 3) facilitating the application of (1) and (2) into their teams and services.
- Trainees will have the opportunity to enhance their knowledge of implementing and sustaining service transformation.
- 6-month course

Transformational Leadership Module Overview

Module 1

Issues in Service Transformation (30 L7 credits)

Module 2

Service-Based Transformation (30 L7 credits)

Transformational Leadership Course Requirements

- **Teaching** – 12 teaching days either on a Monday, Tuesday or Wednesday.
- **Independent study days** - these will be agreed with the trainee's employer but should be around 35 days.
- **This is a part-time programme** - trainees will be expected to spend their working week attending University teaching, undertaking their management/leadership work, and engaging in independent study.

Transformational Leadership Entry Requirements

- An Honours degree (2:2 or above) or L6 equivalent.