



**Northumbria  
University**  
NEWCASTLE

### **Team Building Arrangements**

The session will take place on Thursday 27<sup>th</sup> September 8.45am start at Sport Central Main Hall.

At the team building event you will get the chance to meet the staff who will be teaching you and the other students who are on your course. Your experience during teambuilding can also be used to help you complete one of your first assessments.

**If you are injured or unable to take part in any activities please alert the organiser on the day.**

#### **Equipment list – You will need:**

- Stationery (paper and pen)
- Sports kit (shorts, jogging pants, t-shirt, jumper, trainers, water bottle)
- Swimming kit (swim wear, towel, toiletries etc.)
- Spare change of clothes
- Other (medication etc.)

Lunch will be provided.