

2021-2022 Semester 2: Recommended Modules for Exchange Students
- Department of Sport, Exercise and Rehabilitation, Faculty of Health and Life Sciences, Northumbria University

Module Code	Module Title	Programme	Subject	UK Credits	Note
First-Year Undergraduate (Level 4):					
1. SP0470	Fundamentals of Human Physiology	Physiology	Sport and Exercise Sciences	20	
2. SP0475	Examining Sport Participation	Multi-Disciplinary: Sport Management, Sport Coaching and Sport Development	Sport Development, Sport Coaching and Sport Management	20	
3. SP0476	Long-Term Athlete Development and Child Development	Sport Coaching	Sport Development, Sport Coaching and Sport Management	20	
4. SP0486	Principles of Sport Marketing	Sport Management	Sport Development, Sport Coaching and Sport Management	20	
5. SP0487	Resource Management in Sport	Sport Management	Sport Development, Sport Coaching and Sport Management	20	
Second-Year Undergraduate (Level 5):					
1. SP5000	Continuing Professional	Research and Employability	Sport and Exercise	20	

	Development in Sports Science		Sciences		
2. SP5002	Extreme Physiology	Physiology	Sport and Exercise Sciences	20	
3. SP5003	Introduction to Performance Analysis	Sport Biomechanics and Physical Activity	Sport and Exercise Sciences	20	
4. SP5004	Nutrition for Sport and Exercise	Nutrition	Sport and Exercise Sciences	20	
5. SP5007	Research Design and Analysis	Research and Employability	Sport and Exercise Sciences	20	This is a research methods-related module.
6. SP5008	Practical Skills for Sport and Exercise Nutritionists	Nutrition	Sport and Exercise Sciences	20	
7. SP5022	Principles of Strength and Conditioning	Strength & Conditioning	Sport and Exercise Sciences	20	
8. SD0511	Developing Athlete Potential	Sport Coaching	Sport Development, Sport Coaching and Sport Management	20	
9. SP5010	Coaching Skills and Practice	Sport Coaching	Sport Development, Sport Coaching and Sport Management	20	
Third-Year Undergraduate (Level 6):					
1. SP6001	Health Promotion and Clinical Issues	Multi-Disciplinary: Sport and Exercise Sciences	Sport and Exercise Sciences	20	

2. SP6009	Coaching Concepts and Behaviour	Sport Coaching	Sport Development, Sport Coaching and Sport Management	20	
3. SP6013	International Perspectives of Sport Development	Sport Development	Sport Development, Sport Coaching and Sport Management	20	
4. SP6017	Sport Facility and Operational Management	Sport Management	Sport Development, Sport Coaching and Sport Management	20	

Postgraduate (Masters) (Level 7):

The following modules are from our MSc International Sport Management Programme, but may be suitable for Bachelor students pertaining to the sport social science background to undertake:

1. SP0742	Sport Development in Contemporary Society	Sport Development	Sport Social Science	20	
2. SP0744	Integrated Sport Marketing Communication	Sport Management	Sport Social Science	20	
3. SP0747	Strategic Management for Sport	Sport Management	Sport Social Science	20	

The following modules are from our Sport and Exercise Sciences Masters programmes, but are highly specialised, and therefore may not be recommended for Bachelor students who lack substantial experience/expertise:

1. SP0732	Exercise Prescription for Health	Clinical Exercise Physiology	Sport and Exercise Sciences	20	
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	Disorders and Special Populations				
2. SP0736	High Performance Coaching in Strength and Conditioning	Strength & Conditioning	Sport and Exercise Sciences	20	
3. SP0752	Research Experience	Research and Employability	Sport and Exercise Sciences	20	This is a research methods-related module.