



## MON

### MAIN MEALS

Chicken Fajitas  
Quorn Fajitas (V)  
Nachos (V)

### SIDES

Potato Wedges (VE) (GF)  
Guacamole (V) (GF)  
Sour Cream (V) (GF)

### SALADS

Mexican Bean Salad (VE) (GF)

### DESSERTS

Chocolate Sponge with Chocolate Sauce  
Banana and Honey Yoghurt Pot (GF)  
Whole Fruit (GF)(VE)



## TUES

### MAIN MEALS

Chorizo Mac & Cheese  
Spicy Pumpkin Mac & Cheese

### SIDES

Mashed Potatoes (V) (GF)  
Steamed Carrots (VE) (GF)  
Roasted Root Vegetables (VE) (GF)

### SALADS

Broccoli, Peanut and Chilli

### DESSERTS

Apple and cherry Crumble and Vanilla Custard  
Dark Chocolate Dessert Pot (GF)  
Fruit Salad (VE) (GF)



## WED

### MAIN MEALS

Thai Green Curry, Thai Red Curry  
Sweet and Sour (GF)  
Chicken Breast or Roast Quorn  
Escalope.

### SIDES

Sticky Jasmine Rice (VE) (GF)  
Egg Noodles (V)  
Vegetable Spring Rolls (V)

### SALADS

Butterbeans with Sweet Chilli Sauce  
and Fresh Herbs (VE) (GF)

### DESSERTS

Lemon Posset (GF)  
Strawberry Cheesecake  
Whole Cut Melon (VE) (GF)



## THUR

### MAIN MEALS

Chicken and Chilli Pizza  
Meat Feast Pizza  
Funghi Pizza (V)  
Gluten Free Bases Available

### SIDES

Fries(VE) (GF)  
Button Mushrooms (VE) (GF)  
Corn on the Cob(VE) (GF)

### SALADS

Italian Pasta Salad (V)

### DESSERTS

Baked New York Cheesecake  
Apple and blackberry Pie and Custard  
Whole Fruit (VE) (GF)



## FRI

### MAIN MEALS

Lasagne al forno  
Vegetable Bake (VE) (GF)  
Three Cheese and Tomato Pasta Bake

### SIDES

Sweet Potato Fries (VE)  
Steamed Tender stem Broccoli (GF)  
Garlic Dough balls (V)

### SALADS

Butternut Squash Cauliflower and Feta  
(V) (GF)

### DESSERTS

Chocolate Peanut Butter Flapjack  
Steamed Pineapple Pudding with  
Ginger Syrup  
Whole Cut Melon (VE) (GF)