**Comenius University / International Journal of Clinical Legal Education Conference**

**ENCLE - IJCLE 2019 Improving the Future: Using Clinical Legal Education to Educate Lawyers for a Just Society**

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| Title  | Dr |
| Lead Presenter First Name | Przemek |
| Lead Presenter Last Name | Kubiak |
| Organisation of Lead Presenter | Univeristy of Lodz, Poland |
| Name/s and details of other presenters |  |
| Title of Proposal  | The Role of Soft Skills of Future Lawyers' Wellbeing - Positive psychology workshop |
| Summary of Proposal | The seminar will concentrate on the education of the most crucial psychological skill influencing general wellbeing. Lawyers, usually well traineg in their professional skills, very often lack basic knowledge and skills in the field of "soft skills". Acccording to the idea of "one to rule them all" or Pareto rule, the workshop will set a direction for further development of future lawyers in just one area, which is the key factor of all efficient interpersonal skills. |
| Abstract Proposal | I am interpersonal skills trainer for Polish Legal Clinics. Since 15 years Im teaching positive psychology in order to raise lawyers awareness of the importance of their soft skills, including "the skill of being happy". As research from over half-centery shows, the interpersonal skills are a condition sine qua non of wellbeing and balanced success. However, still it is not a part of academic curriculum. While performing the most demanding professions in society, lawyers do not have suffient knowledge about basic psychological skills, e.g. Stress managment, emotional inteligence, motivation or wellbeing. During this short interactive seminar, I would like to focus on the most important interpersonal skill and show the direction for further development in that field. In that way lawyers can contribute to a just society in the most efficient way, while not loosing their motivation or idealistic attitude. |