



**taste**  
NORTHUMBRIA

The background features a series of concentric, slightly irregular circles in shades of grey and black, creating a ripple effect. In the upper right quadrant, there is a stylized heart shape formed by several overlapping, concentric heart outlines.

# *For the love of food*

Grow it. Pick it. Create it. Most importantly, taste it.  
We're passionate about everything that goes into the great  
food in our Northumbria University hospitality offer.



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# BREAKFAST



### Freshly Baked

Our freshly baked range are the perfect accompaniment to a Fairtrade coffee or tea.

#### Butter Croissant (v)

#### Pain au raisin (v)

#### Trio of mini Danish pastries (v)

Selection of croissant, pain au chocolate, pain au raisin.

### Something Warm

#### Smoked bacon

#### Cumberland sausage ring

Both served in a 'stottie' with breakfast sauces

### Alternative Breakfast

#### Pancake Paddle Board (v) serves 6

12 pancakes served with blueberries, maple syrup and crème fraîche

#### Mixed fruit skewers (vg/gf)

1 per portion

Pineapple, kiwi & mango

#### Mixed Melon Skewers (vg/gf)

1 per portion

Watermelon, galia and honeydew





# MEZZE BOARDS

AND SALADS





Mezze Boards – minimum order of 6 portions (per board)

#### taste Northumbria Meat Board

Gammon, Parma ham, peppered beef, mortadella and assorted breads

#### Greek Paddle Board (v)

Selection of falafel, red pepper hummus, stuffed vine leaves, olives, pimento and khobez breads

#### Cheese Board (v)

Mature cheddar, stilton, brie, grapes, red onion chutney and assorted biscuits.

#### Savoury Paddle Board

Selection of Scotch pie, homemade sausage roll, smooth pate, breads and red onion chutney

#### Indian Paddle Board

Selection of chicken tikka skewers, vegetable samosa, onion bhajis, lime pickle and mini poppadums

#### 'Pub grub' Board

Mature cheddar cheese, pickles, ham hock with pea, handmade Scotch egg and pork crackling

#### Pancake Paddle Board (v)

12 pancakes served with blueberries, maple syrup and crème fraîche





Freshly Made Salads - minimum order of 6 people

Orzo pasta salad with roasted tomatoes (v)

Char grilled broccoli salad with chilli dressing and toasted almonds (vg/gf)

Shirazi salad with sumac and pomegranate ( v/gf)

Turmeric potato , chickpea and tomato salad with cashew nuts (v)

Herb butterbean and roasted pimento salad (v/gf)

Black rice salad with quinoa and ginger (v/gf)

Seasonal Garden Salad (vg)



“all salads are hand prepared by our dedicated chef team daily, using only the finest quality fresh ingredients”



# FOOD BUFFETS



**Fork Buffet A** - minimum order of 10 people

Indian Paddle Board

Selection of chicken tikka skewers, vegetable samosas, onion bhajis, lime pickle and mini poppadums

Salads

Orzo pasta with roast Mediterranean vegetables, black olive and pesto (v)  
Herb Butterbean and roasted pimento salad (v/gf)  
Seasonal garden salad (v/gf)

Hot items

Fish and chip bowl with twice fried chips and pea puree  
Risotto butternut and goats cheese with parmesan wafer and crispy sage (v/gf)



**Fork Buffet B** - minimum order of 10 people

'Pub grub' Paddle Board

Mature cheddar cheese, pickles, Pressed ham hock with pea quail Scotch egg, pork pie, crackling, red onion chutney

Salads

Shirazi salad with sumac and pomegrate (v/gf)  
Charred grilled broccoli with chilli and almonds (v/gf)  
Seasonal garden salad (v/gf)

Hot items

Fish and chip bowl with twice fried chips and pea puree  
Kuku Paka coconut chicken  
Mac 'N' Cheese with braised creamy wild mushrooms (v)

Profiteroles with chocolate sauce and salted caramel candy



Fork Buffet C - minimum order of 10 people

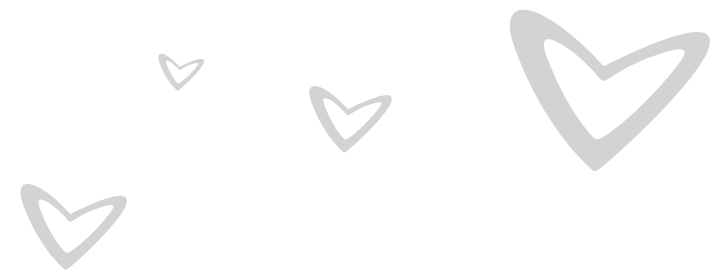
Northumbria Meat Board  
Gammon, Parma ham, peppered beef,  
and assorted breads and dips

Salads  
Black rice and quinoa salad with ginger (v)  
Turmeric potato , chickpea and tomato salad with cashew nuts (v)  
Seasonal garden salad (v/gf)

Hot items  
Deep fried cauliflower with Chimichurri sauce and straw potatoes(v)  
Korean chicken with cucumber  
Smoked Mac 'N' Cheese with bacon topping

Warm vanilla and coconut rice pudding bowl  
with spiced pear ginger compote (v/gf)

By ordering a Fork Buffet rather than individually  
purchasing all the items you can make significant  
savings.







## Sandwiches

### Subway Sub Platter

(Serves 8 people, must be ordered in multiples of 8)

Fresh SUBWAY® subs – Choose a platter of either:

Meat feast platter , veggie platter, classic platter or a lite (healthy) platter

All platters come on inspired breads - cut into handy 4-inch portions, served with dips and sauces.

### Simply Sandwiches

(min order of 5)

freshly made sandwiches on white or brown bread with kettle crisps

### Taste Sandwich Buffet

(min order of 5)

Assorted sandwiches

Kettle crisps

Seasonal fresh fruit platter

Chicken tikka skewers with mango chutney.

Falafel and riata (v)

### Deli Sandwiches

(min order of 5)

Freshly made rolls, wraps, and sandwiches served with Kettle crisps , chilled juices and seasonal fruit bowl

### Deluxe Sandwich Buffet

(min order of 5)

Deluxe fresh filled baguettes, wraps and sandwiches

Kettle crisps

Seasonal fresh fruit platter

Provençal vegetable and cheese tart (v)

Vegetable samosas

Mediterranean bruchetta selection (v)



### Gluten and dairy free paddle board (gf)

(min order of 2)

Gluten and dairy free sandwich and salad paddle board contains 2 x mixed sandwich rolls, and 2 x roast charred vegetable and falafel salad bowls

# SWEET TREATS

FRESH FRUIT



**Sweet Treats** - minimum order of 6 portions per dessert

Triple layer chocolate fudge cake  
Triple layer carrot cake  
Triple layer Victoria cake

**Cupcakes** - minimum order of 6 portions

Assorted handmade cupcakes

“Our fruit policy is to always get a choice of what’s best for the time of year. We try to balance British with European and supplement from further afield.”

**Fresh Fruit**

Sliced fruit platter for four (v)  
Seasonal fresh fruit bowl for four (v)

**Dessert Bowls** - minimum order of 6 portions per dessert

White and dark chocolate cheesecake pot with salted candy  
Lemon posset  
Warm vanilla and coconut rice pudding with ginger spiced pears  
Mini profiterole pot with chocolate sauce and candy





Day Delegate Packages - minimum order of 6 people

Day Delegate Packages allow for a complete hospitality service for a full or half-day conference or event. All you need to do is select the package and choices that suits you best and let us do the rest.

#### A - Day Delegate Package

Arrival refreshments:

Filter coffee, tea, still and sparkling mineral water and wrapped biscuits.

Lunch - A selection of sandwiches, wraps and baguettes served with kettle crisps, fruit juice, still and sparkling mineral water.

#### B - Day Delegate Package

Arrival refreshments: Filter coffee, tea, still and sparkling mineral water and fresh baked mini Danish.

Lunch: A selection of deli sandwiches, wraps and baguettes served with kettle crisps and sliced fruit, still and sparkling mineral water.

Afternoon refreshments: Filter coffee, tea, wrapped biscuits, still and sparkling mineral water.

By ordering a day delegate package rather than individually purchasing all the items you can make significant savings.

#### C - Day Delegate Package

Arrival refreshments: Filter coffee, tea, still and sparkling mineral water and fresh baked Pain au raisin.

Mid morning refreshments: filter coffee, tea, still and sparkling mineral water, and home baked cookies.

Lunch: A selection of deli sandwiches, wraps and baguettes served with kettle crisps and sliced fruit, still and sparkling mineral water.

Afternoon refreshments: Filter coffee, tea, still and sparkling mineral water and selection of chocolate brownies and fresh baked cookies.



# BESPOKE TO ORDER & HOT BOWLS

CANAPE EVENT/FORMAL DINING



**Hot Bowls** - minimum order of 6 bowls per option

Deep fried cauliflower with Chimichurri sauce and straw fries (v)  
Kuka Paka coconut chicken  
Mac and cheese with crispy smoked bacon dust  
Mac 'N' Shroom - with wild mushrooms (v)  
Battered fish chunks with twice fried chips, and pea puree  
Risotto butternut with goats cheese and watercress (v)

**Add ons**

Chicken tikka skewers with mango chutney  
Warm Scotch beef pie  
Homemade pork Scotch egg (made with delicacy quail eggs)  
Indian samosa and bhaji with coriander mango chutney (v)  
Provençal vegetable and cheese tart (v)

**Canapé package** - minimum order of 10  
(3 canapés per person)

**Canapé package includes:**

Smooth chicken Pate with red onion chutney on rosemary toast  
Cream cheese and sun blushed tomato with pesto  
Avocado and pepper salsa crostini

Canapé Event – we provide a basic range of canapés, however if you are looking for something a little more special we offer a deluxe bespoke canapé range. These bite sized canapés use traditional flavour combinations but with a modern presentation. They will be presented to guests on wooden olive boards and rustic slates. Each individual canapés having a bespoke garnish is designed to create instant appeal, both visually and when eaten.





# REFRESHMENTS



#### Hot Drinks

Starbucks Fairtrade coffee

Clipper Fairtrade tea

Clipper flavoured speciality Fairtrade teas

#### Wrapped biscuits

Freshly baked cookie (x1)

Fairtrade tray bakes individually wrapped

Fairtrade cookie

Gluten Free Muffins (gf)

#### Cold Drinks

Fruit juice (1 ltr)

orange, apple, pineapple or cranberry

(1 litre usually serves 5 glasses)

Vivreau, still or sparkling water (750ml)

Life water, still or sparkling (1.5 ltr)

Fentimans

Fairtrade Orange juice (200ml)



# ALCOHOLIC DRINKS





## White Wines

### Rey Viejo Blanco NV

Light and refreshing Spanish white wine mainly made of Sauvignon Blanc and Airen. It has a delicate and floral nose with some subtle peachy fruit. The palate is bright, fresh and clean with some pleasant zesty acidity on the finish.

### Operetto Garganega Pinot Grigio Della Venezia

Floral nose of jasmine and honeysuckle that is fresh and zesty on the palate. Good structure with a mineral finish.

### Alto Bajo Chardonnay 2016

“Alto Bajo” translates as “High Low” and reflects the varied regional landscape of Chile. This Chardonnay is deliciously fruity with lots of ripe, tropical fruit flavours but also the tiniest hint of vanilla.

### Valdivieso Sauvignon Blanc 2016

This is a crisp and aromatic Sauvignon Blanc with lots of citrus and gooseberry aromas. Crisp and refreshing with lemon and lime flavours together with a steely mineral quality.

## Red Wines

### Rey Viejo Tinto NZ

Classic Spanish red made of Garnacha, Tempranillo and Merlot, bursting with juicy fresh red berries and soft velvety tannins. It is light and refreshing with a lovely violet edge to the finish.

### Circa Shiraz Viognier

A wine displaying aromas of blackberries and violets. The palate is full bodied with blackberry brambly fruits and coffee flavours. intertwined within a soft tannin structure.

### El Colectivo Malbec 2016

This wine has the typical deep, dark violet color of Argentine Malbec. The nose offers intense aromas of black stone fruit interwoven with notes of chocolate and sweet spice. Balanced acidity leads into a long, velvety finish.

### Lorosco Reserva Merlot 2014

Intense fresh fruity aromas of blackberries and plums, intermingled with soft toasty notes and sweet vanilla. Medium-bodied, soft tannins and a pleasant finish.

### Sparkling Wines

#### Vaperetto Prosecco

Straw yellow with lightly green hints. It is a fine and persistent wine. It has flavours and aromas of fruity apple, with light hints of apricot and citrus. It has floral notes (white and meadow flowers).

### Beer

Becks (bottle 275ml)

Budweiser (bottle 330ml)

Chapel Down Curious IPA (bottle 33cl)



# TASTE FAVOURITES

Day to day favourites:

'Pub grub' Paddle Board

Black rice salad

Beetroot and feta salad

Chicken tikka skewers

lemon posset pot

Looking for something special?:

Korean chicken 'hot' bowl

Handmade Scotch egg

Provençal Tart

Indian paddle board

Warm rice pudding with coconut and pears

Tropical fruit skewers







 @TasteNU

<http://northumbria.bluerunner.co.uk/>