

2022-2023 Semester 1: Recommended Modules for Exchange Students - Department of Sport, Exercise and Rehabilitation, Faculty of Health and Life Sciences, Northumbria University.

Module code	Module title	Programme	Subject	UK Credits	Note
First-Year Undergraduate (Level 4):					
SP0468	Energetic of Exercise	SES & SEN	SES	20	
SP4000	Academic & Professional Skills	ALL UG SER	PHYSIO, SES, SC, SM & SS	20	
SP4001	Fundamentals of psychology	SES, SEN	SES	20	
SP4002	Energetics of Exercise	SES, SEN	SES	20	
SP4004	Fundamentals of Anatomy & Biomechanics	SES, SEN	SES	20	
SP4006	Introduction to Sport Coaching	SC	SC	20	
SP4007	LTAD	SC	SC	20	
SP4010	Fundamentals of Sport Management	SM	SM & SS	20	
SP4011	Principles of Sport Marketing	SM	SM & SS	20	
SP4012	Finance and Governance in Sport	SM	SM & SS	20	
Second-Year Undergraduate (Level 5):					
SD0510	Coaching Science Assessment	SC	SC	20	
SD0511	Developing Athlete Potential	SC	SC	20	
SP5001	Biomechanical Analysis in Sport, Exercise and Health	SE & SES	SES	20	
SP5005	Physiological Assessment in Sport, Exercise and Health	SC, SES & SEN	SES	20	
SP5006	Psychological Determinants in Sport, Exercise and Health	SES	SES	20	
SP5009	Applied Sport and Exercise Nutrition	SC, SEN, SM & SES	SES	20	
SP5011	Contemporary Issues in PESS	SC	SC & SD	20	

SP5012	Sport Research in Practice	SC, SM	SC, SD & SS	20	
SP5013	Sport and Community	SD	SD	20	
SP5019	Strategic Planning for Sports	SM	SS	20	
SP5020	The Business of Sport	SM	SS	20	
SP5026	Research Design & Analysis	PHYSIO, SES, SM	PHYSIO, SES, SC, SM & SS	20	
SP5027	Sport Performance Assessment	SES, SC & SEN	SES & SC	20	
SP5028	Exercise and Health Assessment	SES & SEN	SES	20	
SP5039	Coaching Skills and Practice	SC	SC	20	
SP5040	Sport Facility and Operational Management	SM	SM & SS	20	
SP5041	Sport Leadership and Organisation Behaviour	SM	SM & SS	20	
SP5042	Nutrition for Health	SEN	SES	20	
SP5043	Sport, Exercise and Rehabilitation Work Placement Year	SEN, SC, SM & SES	SES, SC & SM	20	
Third-Year Undergraduate (Level 6):					
SD0609	Applying Principles of Coaching Science	SC	SC	20	
SP6000	Human Movement Science	SC & SES	SES	20	
SP6001	Health Promotion and Clinical Issues	SES & SEN	SES	20	
SP6002	Sport and Exercise Science Placement	SC, SES & SEN	SES	20	
SP6004	Physiological Basis of Training Programme	SC, SES, SEN	SES	20	
SP6005	Psychological Skills Training	SSC & SES	SES	20	
SP6006	Sport and Exercise Sciences Dissertation	SC, SES, SEN	SES	20	
SP6007	Sports and Exercise Medicine, Injury and Rehabilitation	SC & SES	SES	20	
SP6008	Talent ID and High-Performance Coaching	SC & SD	SC & SD	20	
SP6012	Equitable Practice for Sport	SD	SD	20	

SP6015	Professional Development Through Sport	SM, SC & SD	SC, SD & SS	20	
SP6018	Sport Event Management	SD & SS	SM & SD	20	
SP6019	Media Management for Sport	SM	SS	20	
SP6020	Dissertation	SM, SC & SD	SC, SD & SD	20	
SP6033	Applied Coaching of Individual Sports in an Educational Setting	SC & SD	SC & SD	20	
SP6034	Contemporary Issues in Sport and Exercise Nutrition	SEN	SES	20	
SP6035	SER UG Project	PHYSIO, SES, SM, SC, SS & SEN	PHYSIO, SES, SM & SS	20	
SP6036	Sport Performance Intervention Strategies	SES, SC & SEN	SES & SC	20	
SP6037	Exercise & Health Intervention Strategies	SES & SEN	SES	20	
SP6049	Advanced Coaching Practice	SC	SC	20	
SP6050	Contemporary Issues in Sport and Exercise Nutrition	SEN	SES	20	
SP6051	Strategic Business Planning for Managing Sport	SM	SM, & SS	20	
SP6052	Managing Sport Equity, Diversity, Inclusion & Sustainability	SM	SM, & SS	20	
Postgraduate (Masters) (Level 7):					
The following modules are from our MSc International Sport Management Programme, but may be suitable for Bachelor students pertaining to the sport social science background to undertake:					
SP7000	Sport Research Methods	RSHS, SCEP, SISM, SSC, SPPA, SSEN	SES & SM	20	
SP7001	Cardiovascular Conditions	RSHS, SCEP	SES	20	
SP7002	Principles of Exercise Assessment and Prescription	RSHS, SCEP	SES	20	
SP7006	SER PG Project	SCEP, SISM, SP, SSC, SPPA, SSEN	PHYSIO, SES & SM	20	
SP7007	Applied Strength & Conditioning	RSHS, SSC	SES	20	
SP7008	Strategic Interactions in Performance Sport	RSHS, SSC, SSPA	SES		
SP7011	Exercise Metabolism	RSHS, SSEN	SES	20	
SP7014	International Resource Management for Sport	SISM	SM	20	

SP7015	The Sport Marketing Process	SISM	SM	20	
SP7018	Performance Analysis and Data Analytics	RSEHS, SSPA	SES	20	

Undergraduate (BSc) (Level 4-6):

PHYSIO – Physiotherapy
SC – Sport Coaching
SD – Sport Development
SM – Sport Management
SEN – Sport and Exercise Nutrition
SES – Sport and Exercise Sciences
SER – Sport Exercise and Rehabilitation

Postgraduate (Masters) (Level 7):

SCEP – Master of Science Clinical Exercise Physiology
SISM – Master of Science International Sport Management
SP – Master of Science Physiotherapy
SSC – Master of Science Strength and Conditioning
SPPA – Master of Science Sport Performance and Analysis
SSEN – Master of Science Sport and Exercise Nutrition
SCEEP – Master of Science Clinical Exercise Physiology