

2022-2023 Semester 1: Recommended Modules for Exchange Students - Department of Sport, Exercise and Rehabilitation, Faculty of Health and Life Sciences, Northumbria University.

Module code	Module title	Programme	Subject	UK Credits	Note
First-Year Undergraduate (Level 4):					
SP0468	Energetic of Exercise	SES & SEN	SES	20	
SP4000	Academic & Professional Skills	ALL UG SER	PHYSIO, SES, SC, SM & SS	20	
SP4001	Fundamentals of psychology	SES, SEN	SES	20	
SP4002	Energetics of Exercise	SES, SEN	SES	20	
SP4004	Fundamentals of Anatomy & Biomechanics	SES, SEN	SES	20	
SP4006	Introduction to Sport Coaching	SC	SC	20	
SP4007	LTAD	SC	SC	20	
SP4010	Fundamentals of Sport Management	SM	SM & SS	20	
SP4011	Principles of Sport Marketing	SM	SM & SS	20	
SP4012	Finance and Governance in Sport	SM	SM & SS	20	
Second-Year Undergraduate (Level 5):					
SD0510	Coaching Science Assessment	SC	SC	20	
SD0511	Developing Athlete Potential	SC	SC	20	
SP5001	Biomechanical Analysis in Sport, Exercise and Health	SE & SES	SES	20	
SP5005	Physiological Assessment in Sport, Exercise and Health	SC, SES & SEN	SES	20	
SP5006	Psychological Determinants in Sport, Exercise and Health	SES	SES	20	
SP5009	Applied Sport and Exercise Nutrition	SC, SEN, SM & SES	SES	20	
SP5011	Contemporary Issues in PESS	SC	SC & SD	20	

SP5012	Sport Research in Practice	SC, SM	SC, SD & SS	20	
SP5013	Sport and Community	SD	SD	20	
SP5019	Strategic Planning for Sports	SM	SS	20	
SP5020	The Business of Sport	SM	SS	20	
SP5026	Research Design & Analysis	PHYSIO, SES, SM	PHYSIO, SES, SC, SM & SS	20	
SP5027	Sport Performance Assessment	SES, SC & SEN	SES & SC	20	
SP5028	Exercise and Health Assessment	SES & SEN	SES	20	
SP5039	Coaching Skills and Practice	SC	SC	20	
SP5040	Sport Facility and Operational Management	SM	SM & SS	20	
SP5041	Sport Leadership and Organisation Behaviour	SM	SM & SS	20	
SP5042	Nutrition for Health	SEN	SES	20	
Third-Year Undergraduate (Level 6):					
SD0609	Applying Principles of Coaching Science	SC	SC	20	
SP6000	Human Movement Science	SC & SES	SES	20	
SP6001	Health Promotion and Clinical Issues	SES & SEN	SES	20	
SP6004	Physiological Basis of Training Programme	SC, SES, SEN	SES	20	
SP6005	Psychological Skills Training	SSC & SES	SES	20	
SP6007	Sports and Exercise Medicine, Injury and Rehabilitation	SC & SES	SES	20	
SP6008	Talent ID and High-Performance Coaching	SC & SD	SC & SD	20	
SP6012	Equitable Practice for Sport	SD	SD	20	
SP6015	Professional Development Through Sport	SM, SC & SD	SC, SD & SS	20	
SP6018	Sport Event Management	SD & SS	SM & SD	20	
SP6019	Media Management for Sport	SM	SS	20	

SP6033	Applied Coaching of Individual Sports in an Educational Setting	SC & SD	SC & SD	20	
SP6034	Contemporary Issues in Sport and Exercise Nutrition	SEN	SES	20	
SP6036	Sport Performance Intervention Strategies	SES, SC & SEN	SES & SC	20	
SP6037	Exercise & Health Intervention Strategies	SES & SEN	SES	20	
SP6049	Advanced Coaching Practice	SC	SC	20	
SP6050	Contemporary Issues in Sport and Exercise Nutrition	SEN	SES	20	
SP6051	Strategic Business Planning for Managing Sport	SM	SM, & SS	20	
SP6052	Managing Sport Equity, Diversity, Inclusion & Sustainability	SM	SM, & SS	20	