

**Title**

Final Major Project – “I’m not picky, it’s just too sticky” by Samantha Bailey

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**The Challenge**

Investigating how design can help children aged four to six with sensory processing disorders and food texture aversions navigate life with the conditions.

**The Outcome**

Using insights from research and working with collaborators, the final design outcome is an illustrated children’s book with a supporting activity pack.

The aim of the book is to provide the child with the vocabulary to describe what they do and don’t like about the food they are eating. The book can be personalised when buying, making it more valuable to the child. The narrative begins when the child doesn’t want to eat the meal their mum has made them. The story follows the character’s unexpected journey through different worlds, where they meet lots of new friends. Each food character they meet along the way teaches them new texture-related descriptive words. When the character finally returns home, they have the confidence to talk to their parent about why they don’t like the food on their plate, using the new vocabulary they have learnt.

The activity pack is full of recipes and games that create a safe environment to try new foods and reflect on these experiences through their progress journal.