

Sport, Exercise and Rehabilitation Modules for Semester One 2024/2025

CODE	MODULE NAME	SM/YL	Credits	Subject
LEVEL 4				
SP4000	Academic & Professional Skills	SM1	20	ALL
SP4001	Fundamentals of Psychology	SM1	20	SES & SEN
SP4002	Energetics of Exercise	SM1	20	SES & SEN
SP4006	Introduction to Sport Coaching	SM1	20	SC
SP4008	Introduction to Coaching Science	SM1	20	SC
SP4010	Fundamentals of Sport Management	SM1	20	SM
SP4011	Principles of Sport Marketing	SM1	20	SM
LEVEL 5				
SP5026	Research Design & Analysis	SM1	20	ALL
SP5027	Sport Performance Assessment	SM1	20	SES & SEN, SC
SP5028	Exercise and Health Assessment	SM1	20	SES, SEN
SP5039	Coaching Skills and Practice	SM1	20	SC
SP5040	Sport Facility and Operational Management	SM1	20	SM
SP5041	Sport Leadership and Organisation Behaviour	SM1	20	SM
SP5042	Nutrition for Health	SM1	20	SEN
LEVEL 6				
SD0609	Applying Principles of Coaching Science	SM1	20	SES
SP6000	Human Movement Science	SM1	20	SES & SEN
SP6004	Physiological Basis of Training Programme Design	SM1	20	SES
SP6005	Psychological Skills Training	SM1	20	SC
SP6036	Sport Performance Intervention Strategies	SM1	20	SES, SC, SEN
SP6037	Exercise & Health Interventions	SM1	20	SES, SC
SP6049	Advanced Coaching Practice	SM1	20	SC
SP6042	Sports Medicine, Injury, and Rehabilitation	SM1	20	SES & SM
SP6050	Contemporary Issues in Sport and Exercise Nutrition	SM1	20	SEN
SP6051	Strategic Business Planning for Managing Sport	SM1	20	SM
SP6052	Managing Sport Equity, Diversity, Inclusion and Sustainability	SM1	20	SM

Undergraduate (BSc) (Level 4-6):

PHYSIO	Physiotherapy
SC	Sport Coaching
SD	Sport Development
SM	Sport Management
SEN	Sport and Exercise Nutrition
SES	Sport and Exercise Sciences