

# **Celebrating Children and Young Peoples Nursing Conference**

18th and 19th September 2025

# Hosted by Northumbria University, **Newcastle, City Campus Business Centre**

in partnership with the Great North Childrens Hospital (Newcastle Hospitals NHS Foundation Trust), Northumbria Healthcare NHS Foundation Trust (Childrens Nursing Services) and South Tyneside and Sunderland NHS Foundation Trust (Childrens Nursing Services).









### **Conference Programme\***

\*Please note: the programme may be subject to minor adjustments

#### **Conference committee**

Chair: Robin Hyde, Assistant Professor in Childrens Nursing

#### Members:

Barbara Davies, Associate Professor in Childrens Nursing

Jane Callum, Assistant Professor in Childrens Nursing

Katherine Drape, Assistant Professor in Childrens Nursing

Dr Paul Watson, Assistant Professor in Childrens Nursing

Dr Sarah Greenshields, Assistant Professor in Childrens Nursing

Leah Rosengarten, Assistant Professor in Childrens Nursing

Claire Camara, Assistant Professor in Childrens Nursing

Mark Telford, Assistant Professor (Practice) in Childrens Nursing

Hannah Rendell, Assistant Professor (Practice) in Childrens Nursing

Marie Millican, Assistant Professor in Childrens Nursing

Marie Huscroft, Head of Nursing, Children, Newcastle Hospitals NHS Foundation Trust

Rachel Martinez, Advanced Nurse Practitioner Lead, Child Health, Northumbria Healthcare NHS Foundation Trust

Ann Long, Clinical Team Manager, Childrens Community Nursing Teams, South Tynside and Sunderland NHS Foundation Trust

Clare Adams-Graham, Practice Placement Facilitator, South Tynside and Sunderland NHS Foundation Trust

Laura Hayden-Duck, Matron, Paediatrics and Child Health, South Tynside and Sunderland NHS Foundation Trust

Special thanks to our conference sponsors:-













#### **Key note & plenary session speakers**



#### Professor Michelle Bateman, Deputy Chief Nursing Officer for England, Quality

Professor Michelle Bateman is a Registered Nurse and the Deputy Chief Nursing Officer – Quality at NHS England. In her role, Michelle provides national nursing leadership to the delivery of a range of nursing safety and improvement support programmes, quality and policy areas, and leads on work to building and maintaining a quality culture across the profession. Michelle is responsible for infection prevention and control (IPC), and provides nursing leadership for incidents, emergency preparedness, resilience and response (EPRR). She also leads the nursing and midwifery professions' response to sustainability and climate change.

Michelle has 40 years' experience working in the NHS and started her registered nurse training in 1985 at St Bartholomew's Hospital in London. Prior to this Michelle had worked as a nurse auxiliary at City Hospital in Nottingham while attending college. Michelle went on to complete her registered nursing, midwifery and health visitor training and after working as a locality manager, a role which included responsibility for the development and management of services for older people, she moved back to Nottingham.

Since 2000, Michelle has held a variety of posts centred on clinical leadership, professional development, quality, risk management and patient experience, completing an MSc in health policy in organisations in 2002. Michelle was appointed as Executive Director of Nursing, AHPs and Quality at Derbyshire Community Health Services NHS Foundation Trust in February 2019, where she worked until her most recent appointment.

Michelle is a proud Queens Nurse and became the recipient of the inaugural QNI William Rathbone Award for Executive Nurse Leadership in 2023. In 2024, Michelle was honoured to be conferred the title of Visiting Professor of Healthcare Improvement, Leadership and Policy Development at University of Derby, in recognition for her work in healthcare, specifically in community services. Michelle is passionate about the contribution of community services to successful system working and achieving the best outcome for patients and communities. During her time at Derbyshire Community Health Services NHS FT, Michelle led the development of a newly qualified nurse rotation programme to raise the profile of community and primary care nursing.



## Carli Whittaker, Royal College of Nursing, Head of Nursing Practice, Children and Young People

Originally a Sydney-sider, after qualifying and practicing as a registered nurse in Australia, the plan was to come and travel the UK and Europe for 2 years, this was over 20 years ago. Carli is both adult and paediatric nurse by profession, however area of specialism is Paediatric Critical Care. Carli is the President of the Paediatric Critical Care Society (PCCS), the first nurse and female to hold the role within the Society, PCCS is a professional, multi-disciplinary, membership organisation representing the interests of those delivering paediatric critical care in the UK (United Kingdom) for the benefit of Children and Young People and their families.

Carli's interests predominantly focuses in Paediatric Critical Care with her PhD in the exploration of children's nurses and the retention challenges faced. However, Carli is also interested in the education, simulation, CYP leadership and CYP health inequalities. Carli is passionate about broadening the scope and profile of Children's Nursing not only in the UK, but globally. She works in partnership with the NHS, private and independent sector, and professional, statutory and regulatory bodies.



#### Professor Bernie Carter, Professor of Children's Nursing, Edge Hill University

Bernie's research focuses on children and young people whose lives are disrupted by pain, illness, disability, complex health care needs and disadvantage, and the ways in which this affects their parents, brothers and sisters and family life. She is particularly interested in the challenges of assessing the pain of children with profound cognitive impairment. Much of her research is creative, narrative, appreciative, participatory and arts/activities based. She works closely with children and families throughout her research to ensure her work is robust and grounded in the lives of the participants. On a good day, Bernie loves writing about research (although on bad day's it can make her cry).



## Professor Sarah Neill, Professor of Nursing, School of Nursing and Midwifery, Faculty of Health, University of Plymouth

Sarah is a children's nursing academic with over 25 years' experience in higher education, initially focussed on teaching and learning for the next generation of children's nurses, then gradually more focussed on research. Sarah Co-leads the Fit for Children and Young People (Fit4CYP) project with her colleague Dr Matt Carey as she is passionate about ensuring children's nursing education is fit for purpose. Sarah's research is mainly focussed on acute childhood illness in children under five years of age, predominantly in the home and in first contact health services, such as primary, urgent and emergency care. She works collaboratively with parents and health professionals to understand patient and professional experiences and decision making. This evidence she applies to the development of interventions to improve access to care for acutely ill children.



## Dr Matthew Carey, Associate Professor in Child Health Nursing, School of Nursing and Midwifery, Faculty of Health, University of Plymouth

Matt is a passionate children's nurse with a background in critical care who joined the University of Plymouth in 2012 as a lecturer in child health nursing. For the past 12 years Matt has facilitated the training and education of future generations of children's nurses and qualified professionals, leading to an Inspirational Teacher SSTAR Award in 2019, voted by students. After completing his PhD Matt gradually moved to focus more on research, leading to a promotion as an Associate Professor in Child Health Nursing. Matt's research interests are centred on children's nursing education, children, young people (CYP) and their families as well as critical care. Matt is Chief Investigator on a number of research projects including the Fit for Children and Young People (Fit4CYP) project and the ASTOUND study. The Fit4CYP project, co-led with Professor Sarah Neill was established to ensure that children's nursing education is fit for purpose. The ASTOUND Study, has been established with an expert panel representing 34 countries to explore the global provision of pre-registration education for the preparation of student nurses to care for neonates, infants, CYP and their families. Matt is also the award holder for the NIHR Undergraduate Research Internship Programme, to develop preregistration student nurses as research leaders of the future. In addition, Matt is the Postgraduate Research Coordinator and the Research Leader for Child and Family Health within the School of Nursing of Midwifery.



## Rebecca (Becks) Daniels BEM, Community Children's Matron, East London NHS Foundation Trust

Rebecca is a passionate children's nurse with 25yrs clinical and educational experience, including 19yrs community-based children's nursing, where she currently works as community children's matron in East London. She is an advocate for children and young people (CYP) with complex health needs, supporting their rights to be included in all aspects of community living, alongside their peers, to ensure they can reach their potential, however short their life might be. In 2020 Rebecca was awarded the Queen's Nurse title and during the COVID19 pandemic connected with other children's nurses, to tackle an inequality for clinically vulnerable CYP with complex health needs, requiring aerosol generating procedures (AGPs), as they were excluded from education. A national community children's nursing (CCN) network was set up, and Rebecca continues to chair the network, as CCN project lead at The Queen's Nursing Institute (QNI). She is passionate about influencing policy and promoting the voice of CYP with complex needs in policy decision making. She aspires for community children's nursing to be a larger core component of pre-registration training and for all CCNs to have the specialist practitioner qualification (SPQ), recognising and raising the profile of the advance clinical practice of CCNs across the UK.



#### Professor Kerry Gaskin, Professor of Congenital Cardiac Nursing, Birmingham City University

Kerry has 20 years of senior academic experience, leading departments (Midwifery, Paramedic, Advanced Practice/CPD) and managing academic teams, leading undergraduate, postgraduate and PhD courses, coordinating research and knowledge exchange within the school of nursing and midwifery and empowering academic, clinical staff and students to engage in academic and research professional development. She has supervised many masters' students and is currently supervising 5 PhD students. A Registered Children's Nurse and Adult Nurse, Kerry worked in Children's Cardiac Intensive Care, Paediatric Intensive Care and High Dependency Care at several specialist Children's Cardiac Units and Children's Hospitals in the UK before moving into academia in 2005. Her research focuses on parental experiences and home assessment using an early warning tool called the Congenital Heart Assessment Tool (CHAT), to enable parents to identify signs of deterioration in their infant and to make prompt contact with the appropriate health care professional. Kerry is a mixedmethods researcher with a particular interest in congenital heart disease and congenital cardiac nursing, she has led numerous pedagogical and clinical research studies and received funding through SPARK The Midlands, NIHR Wessex ARC, NIHR i4iFAST, The Health Foundation and Heart Research UK. She is Chair of the Congenital Cardiac Nurses Association (CCNA) UK, Associate Editor for Evidence Based Nursing and on the Editorial Board of Journal of Paramedic Practice providing paediatric expertise.



## Sarah Cartner, Specialist Health Visitor for 1001 Critical Days and Solihull Approach in Newcastle upon Tyne

Sarah is a Specialist Health Visitor for 1001 Critical Days and Solihull Approach in Newcastle upon Tyne. Her role is a strategic post, funded by the Start for Life initiative through Children and Families Newcastle. Sarah works citywide with professionals from Health, Statutory and Voluntary sector services covering a range of projects linked to the 1001 Critical Days Period. Sarah has been a Midwife for 10 years and a Specialist Community Public Health Nurse (Health Visiting) for 4 years. Throughout her career she has always had a specialist interest in paternal mental health and improving father inclusive practice within healthcare and is a strong advocate for utilising a wholefamily, relational approach to improve outcomes for babies, children and their families. Alongside her substantive post she is also co-chair of the Institute of Health Visiting's Health Visitor Advisory Forum and has taken part in expert panels for projects nationwide. Sarah co-ordinated the collaborative development of Newcastle 5-year Infant Mental Health Strategy and continues to coordinate the 1001 Critical days Think Tank, Solihull Approach training for professionals and Baby week as well as consulting on a range of projects across the Children and Families Newcastle Network. Sarah is also currently co-developing a collaboratively designed handheld resource for father's covering a range of topics to support the transition to parenthood and prevent the recurring issue of mis-communication of important safety messages.



#### Sarah Robson, Father and Male Carer Enhanced Service Coordinator

Sarahs works as a Father and Male Carer Enhanced Service Coordinator. This role is funded by Children and Families Newcastle through Barnardo's. The "Fathers and Male Carers Enhanced Service" offers a strategic focus on embedding Father and Male Carer inclusive practice citywide in Newcastle with a view to help and support partners to deliver and improve accessibility for Fathers and Male Carers. Sarah has worked in the youth and community sector for over 16 years and has a great deal of experience working with young people and families. Throughout this time, she has continued to have a professional curiosity around gender stereotyping relating to boys and men. Sarah explains, it is widely recognised that fathers and male carers are not generally acknowledged as 'primary carers' for the children they care for, with much of the responsibility in terms of care, information sharing and decision-making sitting with mothers. Sarah and colleagues will share their experiences on the systems change focus adopted in Newcastle.



#### Laura Togher, Clinical Educator of the 0-19 service, Newcastle Hospitals NHS Foundation Trust

Laura is a Clinical Educator of the 0-19 service within Newcastle Hospitals NHS Foundation Trust. Her professional background is a registered nurse (Child) and SCPHN (health visitor). Laura's specialist areas of interest are in reducing health inequalities and promoting equity to improve health outcomes for babies, children young people and their families. As a clinical educator Laura is passionate about workforce development across a skill mixed team, developing competence, building confidence, growing skills and stimulating innovation to deliver public health early intervention to the population of Newcastle Upon Tyne. Laura's specialist work projects include the SCPHN Apprenticeship programme, SCPHN preceptorship, workforce development, Safe Sleep, MECC, Record Keeping and SystemOne Development.



Dr Paul Watson, Assistant Director of the Northern Hub for Veterans and Military Families Research (Military connected Children and Young People) and Assistant Professor in Childrens Nursing & Specialist Community Public Health Nursing, Northumbria University

On leaving the Armed Forces, Paul completed a BSc in Mental Health nursing, specialising in children's mental health nursing in 2013. Paul then went on to complete a Post Graduate Diploma in Specialist Community Public Health Nursing (School Nurse) in 2014. Paul was appointed the school nurse for Catterick Military Garrison. On leaving clinical practice Paul went into higher education. Paul has a growing portfolio of research on the emotional health and wellbeing of Military connected children and young people, PTSD and social isolation and loneliness in the veteran population, military connected suicide, and is an expert in narrative methodologies. Moreover, Dr Watson completed his PhD in 2022, titled: The experiences of being a young carer of a veteran parent with PTSD: A narrative enquiry.



#### Claire Camara, Assistant Professor in Childrens Nursing, Northumbria University

Claire is a registered childrens nurse who qualified in 2011, since qualifying Claire has worked with children and young people in a variety of settings across oncology, clinical research and hospice care. In 2018, Claire began working as a Children and Young People's Nursing Graduate Tutor at Northumbria University. Claire's areas of interest include Paediatric Oncology, End of life care for children and young people and children and young people's experiences of clinical trial participation and she is currently studying for her PhD.



## Debby Whalen, Head of Leadership (Talent) NHS Leadership Academy North East and Yorkshire

Debby's role encompasses support for staff at all levels across the NHS to see and reach their potential through leadership development, talent management support and access to coaching and mentoring. Throughout her career the key driver has always been to help people be their best selves. Debby has worked as a coach & mentor in the NHS for 17 years but has worked in the NHS for 37 years starting her career in nursing. Her career path has evolved into the current role through work in primary care, public health, service improvement and organisational development. Throughout this skills have been gathered through training in the use of varying psychometric and 360 assessment tools, plus coaching, mentoring and supervision development.



**Ezekiel Martin** is a 12-year-old with lived experience of complex medical care. He has been enterally fed (EN fed) since 10 months old and has undergone multiple surgical procedures and frequent hospital admissions. In "*My Nurse Matters*," Ezekiel offers a powerful patient perspective on the vital role nurses play in paediatric care — and what compassionate care truly means to a child.



Greg Johnston, Chief Executive, Team Evie

Greg Johnston is the founder of Team Evie, a charity established in memory of his daughter, Evie Johnston. Following Evie's journey through serious illness, Greg and his family created Team Evie to support sick children and their families across the North East and Cumbria. Through fundraising and community initiatives, the charity provides vital equipment, support services, and resources to healthcare teams and families, helping to improve the quality of care and life for critically ill children. Greg's work is driven by compassion, resilience, and a commitment to making a lasting difference. From the early prenatal diagnosis of heart abnormalities through numerous major surgeries, setbacks, and critical moments, Evie's journey was one of resilience, love, and hope. Greg's talk will explore the intense experiences of life within paediatric intensive care, the emotional and practical realities of long hospital stays, and the deep connections formed between families and the healthcare teams. Ultimately, Evie's story highlights the importance of compassionate care, family involvement, and respecting a child's own journey. It is a celebration of Evie's life, her courage, and the love she brought to everyone around her, as well as a reflection on grief, resilience, and gratitude. Greg Johnston will share the remarkable and moving story of his daughter Evie, a joyful, determined, and brave baby who spent much of her short life in hospital. Despite facing overwhelming medical challenges-including congenital heart disease, a tracheoesophageal fistula, serious respiratory issues, and pulmonary vein stenosis. Evie's vibrant personality and fighting spirit left a profound impact on all who cared for her.

### Thursday 18<sup>th</sup> September 2025 – Day 1

Time	Activity	Room Allocation	Speaker		
0830-0930	Registration -Teas/Coffees	Main foyer -Business Centre, City Campus East 1			
0935-0940	Welcome & Housekeeping	Lecture Theatre CCE1 -002	Robin Hyde		
			Chair of the Conference		
			Professor Alison Machin		
			Head of School and Chair, Council of Deans for Health		
		Nursing and Health Sciences			
			Northumbria University		
0940-1010	Opening Address	Lecture Theatre CCE1 -002	Professor Michelle Bateman - Deputy Chief Nursing Officer		
			-Quality-NHS England		
1015-1105	Interactive session -Panel	Lecture Theatre CCE1 -002	Panel members – NHSE National Youth Board &		
	Discussion & Q&A with delegates		Professional Expert Panel		
1110-1135	Refreshments /Poster Viewing	Main foyer -Business Centre, City Campus East 1			

Time	Activity	Room Allocation	Speaker	
1140-1250	Breakout session 1 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our			
	conference team			
1140-1250	Oral presentations	Breakout session (1a) -Inclusion & Innovation	Breakout session (1b) -Intervention & Impact	
		Room 402	Room 403	
1140-1250	Plenary session 1	Spotlight on the patient and families experiences		
		Room 024		
		Amy and Ezekiel Martin -My Nurse Matters		
		Rebecca Daniels and Shiela Brill -In Conversation -Can I speak to Josephine please?		
1140-1250	Workshop 1	NHS Leadership Academy NE & North Yorkshire – Increasing Your impact: Influencing up, down and across –		
		Room 007 – Debby Whalen		
1255-1355	Lunch and Poster Viewing	Main foyer -Business Centre, City Campus East 1		

### Thursday 18<sup>th</sup> September 2025 – Day 1

Time	Activity	Room Allocation	Speaker		
1400-1505	Keynote speaker session 1	Lecture Theatre CCE1 -002	Dr Matt Carey and Professor Sarah Neill		
			University of Plymouth -Fit4CYP project		
			Sarah Robson, Sarah Cartner and Laura Togher-		
			Barnardo's & NUTH		
			Fathers Inclusive Practice Initiative		
1510-1600	Breakout session 2 * rooms have se conference team	t capacities therefore once rooms are full, you may	be re-directed to a different session by our		
1510-1600	Oral presentations	Breakout session (2a) -Inclusion & Innovation	Breakout session (2b) -Intervention & Impact		
		Room 402	Room 403		
1510-1600	Plenary session 2	Infant Mental Health Session - Childrens NE Tean	n -Room 007		
1510-1600	Workshop 2	NHS Leadership Academy NE & North Yorkshire	- Looking after you: exploring your own well-being –		
		Room 024 -Debby Whalen			
1605-1630	Refreshments /Poster Viewing	Main foyer -Business Centre, City Campus East	1		
Time	Activity	Room Allocation	Speaker		
1635-1730	Breakout session 3 * rooms have se conference team	t capacities therefore once rooms are full, you may be re-directed to a different session by our			
1635-1730	Oral presentations	Breakout session (3a) -Inclusion & Innovation	Breakout session (3b) -Intervention & Impact		
		Room 402	Room 403		
		Breakout session (3c) -Inclusion & Innovation	Breakout session (3d) -Intervention & Impact		
		Room 024	Room 007		
1735-1845	Delegate Gathering/Networking	Main foyer -Business Centre, City Campus East 1			
	Post-Conference -Day 1	Complimentary drink with light bites, opportunities for poster viewing and informal networking with conference			
		delegates			

### Friday 19<sup>th</sup> September 2025 – Day 2

Time	Activity	Room Allocation	Speaker		
0830-0930	Registration -Teas/Coffees	Main foyer -Business Centre, City Campus East 1			
0930-0940	Welcome & Housekeeping	Lecture Theatre CCE1 -002	Chair of the Conference,		
			Robin Hyde-Northumbria University		
0945-1030	Keynote speaker session 2	Lecture Theatre CCE1 -002			
		Team Evie – A families story	Greg Johnson -Chief Executive , Team Evie		
1035-1130		capacities therefore once rooms are full, you may	be re-directed to a different session by our		
	conference team				
1035-1130	Breakout session(s)	Breakout session (4a) -Inclusion & Innovation	Breakout session (4b) -Intervention & Impact		
		Room 402	Room 403		
1035-1130	Plenary session 3	Carli Whittaker -Head of Nursing Practice -CYP – RC	<u> </u>		
1035-1130	Workshop 3		- Increasing Your impact: Influencing up, down and across <b>–</b>		
		Room 007 – Debby Whalen			
1135-1200	Refreshments /Poster Viewing	Main foyer -Business Centre, City Campus East 1			
Time	Activity	Room Allocation	Speaker		
1205-1255		capacities therefore once rooms are full, you may	be re-directed to a different session by our		
	conference team	T			
1205-1255	Oral Presentations	Breakout session (5a) -Inclusion & Innovation	Breakout session (5b) -Intervention & Impact		
		Room 402	Room 403		
1205-1255	Plenary session 4	Co-production in research and education -Room 024- Dr Paul Watson & Claire Camara , Northumbria			
		University			
1205-1255	Workshop 4	Fathers Inclusive Practice - Room 007 - Sarah Robs			
1300-1350	Lunch and Poster Viewing	Main foyer -Business Centre, City Campus East 1			
Time	Activity	Room Allocation	Speaker		
1355-1510	Keynote speaker session 3	Lecture Theatre CCE1 -002	Professor Bernie Carter		
			Professor of Childrens Nursing -Edge Hill University		
			Professor Kerry Gaskin		
			Professor of Congenital Cardiac Nursing, Birmingham		
			City University		
			Rebecca Daniels		
			QICN		

1515-1605	Breakout session 6 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team		
1515-1605	Oral Presentations	Breakout session (6a) -Inclusion & Innovation	
	Room 402		
1515-1605	Plenary session 5	NHS Play well Toolkit – Room 024 - Starlight Team	
1515-1605	Workshop 5 Fathers Inclusive Practice - Room 007 - Sarah Robson and team		
1615-1630	Closing Remarks/Awards	Lecture Theatre CCE1 -002 - Chair of the Conference, Robin Hyde-Northumbria University	

### Thursday 18<sup>th</sup> September 2025 – Breakout Sessions -Time(s), speaker(s) and room allocation(s)

Breakout session 1a presentations 1140-1250 Inclusion and Innovation (Room 402)	Presenter
Paediatric family activation rapid response (FARR): Qualitative exploratory study for the development of a digital multi-lingual intervention. NCCYPNC2	Dr Takawira Marufu
Co-creating a digital risk mitigation pathway for children and young people (CYP) in mental health crisis admitted to acute paediatric care: A mixed methods exploratory study.  NCCYPNC3	Prof Joseph Manning
Transition from paediatric to adult healthcare: Experiences of young people with pituitary conditions  NCCYPNC10	Yolanta Breese
Breakout session 1b presentations 1140-1250	Presenter
Intervention and Impact (Room 403)	
Students experiences of caring for children and young people during end-of-life care. <b>NCCYPNC52</b>	Jane Callum/Claire Camara/Leah Rosengarten
Focusing on Personal and Professional Development for Children's Nurses. <b>NCCYPNC9</b>	Leah Rosengarten
Suicide Prevention: Introducing the Lothian Safekeeping Plan® - A Safety Plan Framework for Parents. NCCYPNC8	Susan Abbott- Smith
Breakout session 2a presentations 1510-1600	Presenter
Inclusion and Innovation (Room 402)  Working in triadic partnership when caring for families for children with long term conditions	Macov Parratt
Working in triadic partnership when caring for families for children with long-term conditions.  NCCYPNC16	Macey Barratt
Developing a mandatory undergraduate nursing curriculum within a placement providing setting to bridge the gap between academia and clinical practice. <b>NCCYPNC13</b>	Vanessa Keane
Heart to heart - Co-production of a peer support film for young people living with congenital heart disease. NCCYPNC17	Kaye Walsh
Breakout session 2b presentations 1510-1600	Presenter
Intervention and Impact (Room 403)  Use of hydrocortisone granules in children with adrenal insufficiency. NCCYPNC19	Jacqueline O'Sullivan and Julia Russell
Young people, chronic illness and clinical trial participation: the perception of their parents and nurses. <b>NCCYPNC47</b>	Claire Camara
Breakout session 3a presentations 1635-1730	Presenter
Inclusion and Innovation (Room 402)	O a walla Mal/a a w
Principles for Delivering Clinical Tasks in Education Settings. NCCYPNC18	Sarah McKean
Promoting safer alternatives to the routine use of physical restraint in the care of hospitalised children: a scoping review. <b>NCCYPNC20</b>	Rob Kennedy
Fathers' influence and inclusion in infant feeding decisions: A study for healthcare professionals, policymakers, and service providers. <b>NCCYPNC22</b>	Jennifer Menzies
Breakout session 3b presentations 1635-1730 Intervention and Impact (Room 403)	Presenter
What advice are health professionals at 0-19 service giving regarding screen time at the 1 year and 2-year contact visit? <b>NCCYPNC34</b>	Natasha Mackey
An Audit of Fertility Preservation in a Specialist Paediatric Stem Cell Transplant Centre.  NCCYPNC28	Karen Nicholson
Breakout session 3c presentations 1635-1730 Inclusion and Innovation (Room 024)	Presenter
A retrospective, phenomenological study examining how care experience influences diet and eating practices. <b>NCCYPNC24</b>	Dr Sarah Greenshields
"I think they should see us more in clinic and less on video what if I miss something": Insights from Children, Parents, and Professionals about Remote Consultations. <b>NCCYPN39</b>	Dr Holly Saron
Breakout session 3d presentations 1635-1730	Presenter
Intervention and Impact (Room 007)	Joanne Calle de au
'What can health visitors in Great Britain learn from child safeguarding practice reviews?  NCCYPNC37	Joanna Gallagher
Dealing with sudden or unexpected child death in acute hospital settings: the journey of developing a multi-agency training day. NCCYPNC53	Louise Cullen
Factors that influence health professionals decision making in safeguarding children and young people. NCCYPNC46	Katherine Drape

### Friday 19<sup>th</sup> September 2025 – Breakout Sessions -Time(s), speaker(s) and room allocation(s)

Breakout session 4a presentations 1035-1130	Presenter
Inclusion and Innovation (Room 402)	
Inclusion matters: children and young adults with communication difficulties in a	Dianne Nicholson
hospice/short-break setting. NCCYPNC41	
Preparing student nurses for future multi-disciplinary working across health education and	Jane Callum/ Dr
social care using a strategy meeting concept. NCCYPNC49	Lynette Harper
Breakout session 4b presentations 1035-1130	Presenter
Intervention and Impact (Room 403)	
The emotional and social impact of social media on children and young people; is there a role	Beverley
for the school nurse? NCCYPNC40	Hollinshead
Developing a cardiology simulation enhanced education programme across the North East and	Sarah Lane
North Cumbria. NCCYPNC6	
Breakout session 5a presentations 1205-1255	Presenter
Inclusion and Innovation (Room 402)	
'A Measure of Health Visitor Practice Supporting Bereaved Parents'. NCCYPNC33	Heidi Hedley
What are the benefits or barriers of interventions to support new Advanced Practice Nurses. A	Laura Togher
Systematic Review of Qualitative to inform a new preceptorship offer. NCCYPNC42	
Breakout session 5b presentations 1205-1255	Presenter
Intervention and Impact (Room 403)	
Recognising and making sense of child neglect- a paediatric nursing perspective. <b>NCCYPNC1</b>	Frances Gunn
Improving collaborative specialised education for newly employed nursing staff. NCCYPNC25	Elaine Telford
Breakout session 6a presentations 1515-1605	Presenter
Inclusion and Innovation (Room 402)	
No gowns and walking to theatre. NCCYPNC11	Hannah Longfils
Paediatric Early Warning Score & Marthas Rule. NCCYPNC27	Frances Kavanagh

### Thursday 18<sup>th</sup> September 2025 – Breakout Sessions -Workshop and Plenary Sessions

Workshop (1) 1140-1250	Presenter
(Room 007)	
NHS Leadership Academy NE & North Yorkshire – Increasing Your impact: Influencing up,	Debby Whalen
down and across	
Plenary Session (1) 1140-1250	Presenter
(Room 024)	
Spotlight on the patient and family experience	Amy Martin
	Rebecca Daniels /
	Sheila Brill
Workshop (2) 1510-1600	Presenter
(Room 007)	
NHS Leadership Academy NE & North Yorkshire - Looking after you: exploring your own well-	Debby Whalen
being	
Plenary Session (2) 1510-1600	Presenter
(Room 024)	
Infant mental health - Childrens North East	Childrens NE
	Therapeutic Team

### Friday 19<sup>th</sup> September 2025 – Breakout Sessions -Workshop and Plenary Sessions

Workshop (3) 1035-1130 (Room 007)	Presenter
NHS Leadership Academy NE & North Yorkshire – Increasing Your impact: Influencing up,	Debby Whalen
Plenary Session (3) 1035-1130 (Room 024)	Presenter
RCN CYP Developments and Priorities	Carli Whittaker
Workshop (4) 1205-1255 (Room 007)	Presenter
Fathers Inclusive Practice	Sarah Robson and team
Plenary Session (4) 1205-1255 (Room 024)	Presenter
Co-production in research and education	Dr Paul Watson and Claire Camara
Workshop (5) 1515-1605 (Room 007)	
Fathers Inclusive Practice	Sarah Robson and team
Plenary Session (5) 1515-1605 (Room 024)	
NHS Play well Toolkit	Starlight Team

### Thursday 18<sup>th</sup> and Friday 19<sup>th</sup> September 2025 – Poster Presentations

Poster Presentations	Presenter	Stand Number	Theme
Down's Syndrome Medical Surveillance in Early years. NCCYPNC5	Narinder Kular	1	Impact
How Should Homecare Providers Support Parents of Young People with Complex Care Needs When They Transition from Child to Adult Services? NCCYPNC12	Joanna Grant	2	Inclusion
How can healthcare professionals holistically support parents of medically complex children and young people with Blended Diet? NCCYPNC23	Katie Angell	3	Intervention
Closer to Home, developing tracheostomy services across the west midlands. NCCYPNC26	Nicola Holt	4	Inclusion
Review of gross motor development documentation at the 9- 12month contact. NCCYPNC30	Ellie Weetman	5	Intervention
Using the four pillars of Advanced Practice to improve patient care and reduce the need for PCA: an early service evaluation from a large oncology centre. <b>NCCYPNC35</b>	Rachel Desai	6	Innovation
Implementing In - Situ Simulation in the Inpatient Clinical Setting - an on-going project. <b>NCCYPNC36</b>	Helen White	7	Innovation
Enhancements to education for the future of children and young people's nursing.  NCCYPNC43	Chrissie Richardson	8	Innovation
Childrens nurses experience of being observed by parents and carers in clinical placement. <b>NCCYPNC50</b>	Barbara Davies	9	Impact
Students experiences of caring for children and young people during end-of-life care. <b>NCCYPNC52</b>	Jane Callum, Claire Camara and Leah Rosengarten	10	Impact
Enabling effective learning environments amongst nursing, midwifery and allied health professionals (NMAHP) using virtual reality technology. <b>NCCYPNC54</b>	STSFT practice education team	11	Intervention
Implementation of Professional Nurse Advocate Role and Restorative Clinical Supervision in the Hospital Setting.  NCCYPNC38	Helen White	12	Innovation

#### Conference exhibitors -Thursday 18th and Friday 19th September 2025

Organisation	Stall Number
Nursing and Midwifery Council, UK	14
Adam Rouilly	7
Childrens North East	8
North East & North Cumbria Paediatric Critical & Surgery in Children Network	12
Northumbria Blood Bikes	13
Barnardos	9
Royal College of Nursing	6
Association of British Paediatric Nurses	5
Northern Skies Hypnotherapy	10
South Tyneside and Sunderland NHS Foundation Trust	2
Starlight	3
WellChild Trust	4
The Breastfeeding Network	11
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust	1
Sentira XR	15

#### Thank you to all our conference exhibitors

#### **Conference Live Research**

We are delighted to share the conference organising committee have secured ethical approval for a *some research* to be conducted throughout the conference. The conference aims to Celebrate Children's Nursing in 2025. As part of this celebration we want to describe what being a children's nurse is like in modern healthcare. The participant information sheet will be available via the conference webpage and is also attached here: Conference Research Participant Information Sheet.docx We would love to have as many delegates taking part as possible, if you have any questions please do not hesitate to get in touch via the email address on the participant information sheet.

Delegates will have the opportunity to take part in this research in two ways:

1. Taking part in an online survey, you can do that here or it will also be available on the days of the conference: https://app.onlinesurveys.jisc.ac.uk/s/northumbria/describing-the-current-role-of-the-children-s-nurse-in-contempo



2. Taking part in a focus group, these will take part during the conference (location and timings available during the conference).

We are looking forward to hearing everyone's thoughts and opinions.