

# Celebrating Children and Young Peoples Nursing Conference

18<sup>th</sup> and 19<sup>th</sup> September 2025

Hosted by Northumbria University,  
Newcastle, City Campus  
Business Centre

*in partnership with the Great North Childrens Hospital (Newcastle Hospitals NHS Foundation Trust), Northumbria Healthcare NHS Foundation Trust (Childrens Nursing Services) and South Tyneside and Sunderland NHS Foundation Trust (Childrens Nursing Services).*



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## Conference Programme\*

\*Please note: the programme may be subject to minor adjustments

### **Conference committee**

**Chair:** Robin Hyde, Assistant Professor in Childrens Nursing

### **Members:**

Barbara Davies, Associate Professor in Childrens Nursing

Jane Callum, Assistant Professor in Childrens Nursing

Katherine Drape, Assistant Professor in Childrens Nursing

Dr Paul Watson, Assistant Professor in Childrens Nursing

Dr Sarah Greenshields, Assistant Professor in Childrens Nursing

Leah Rosengarten, Assistant Professor in Childrens Nursing

Claire Camara, Assistant Professor in Childrens Nursing

Mark Telford, Assistant Professor (Practice) in Childrens Nursing

Hannah Rendell, Assistant Professor (Practice) in Childrens Nursing

Marie Millican, Assistant Professor in Childrens Nursing

Marie Huscroft, Head of Nursing, Children, Newcastle Hospitals NHS Foundation Trust

Rachel Martinez, Advanced Nurse Practitioner Lead, Child Health, Northumbria Healthcare NHS Foundation Trust

Ann Long, Clinical Team Manager, Childrens Community Nursing Teams, South Tynside and Sunderland NHS Foundation Trust

Clare Adams-Graham, Practice Placement Facilitator, South Tynside and Sunderland NHS Foundation Trust

Laura Hayden-Duck, Matron, Paediatrics and Child Health, South Tynside and Sunderland NHS Foundation Trust

### **Special thanks to our conference sponsors:-**



### **Key note & plenary session speakers**



**Carli Whittaker, Royal College of Nursing, Head of Nursing Practice, Children and Young People**

Originally a Sydney-sider, after qualifying and practicing as a registered nurse in Australia, the plan was to come and travel the UK and Europe for 2 years, this was over 20 years ago. Carli is both adult and paediatric nurse by profession, however area of specialism is Paediatric Critical Care. Carli is the President of the Paediatric Critical Care Society (PCCS), the first nurse and female to hold the role within the Society, PCCS is a professional, multi-disciplinary, membership organisation representing the interests of those delivering paediatric critical care in the UK (United Kingdom) for the benefit of Children and Young People and their families.

Carli's interests predominantly focuses in Paediatric Critical Care with her PhD in the exploration of children's nurses and the retention challenges faced. However, Carli is also interested in the education, simulation, CYP leadership and CYP health inequalities. Carli is passionate about broadening the scope and profile of Children's Nursing not only in the UK, but globally. She works in partnership with the NHS, private and independent sector, and professional, statutory and regulatory bodies.



**Professor Bernie Carter, Professor of Children's Nursing, Edge Hill University**

Bernie's research focuses on children and young people whose lives are disrupted by pain, illness, disability, complex health care needs and disadvantage, and the ways in which this affects their parents, brothers and sisters and family life. She is particularly interested in the challenges of assessing the pain of children with profound cognitive impairment. Much of her research is creative, narrative, appreciative, participatory and arts/activities based. She works closely with children and families throughout her research to ensure her work is robust and grounded in the lives of the participants. On a good day, Bernie loves writing about research (although on bad day's it can make her cry).



**Professor Sarah Neill, Professor of Nursing, School of Nursing and Midwifery, Faculty of Health, University of Plymouth**

Sarah is a children's nursing academic with over 25 years' experience in higher education, initially focussed on teaching and learning for the next generation of children's nurses, then gradually more focussed on research. Sarah Co-leads the Fit for Children and Young People ([Fit4CYP](#)) project with her colleague Dr Matt Carey as she is passionate about ensuring children's nursing education is fit for purpose. Sarah's research is mainly focussed on acute childhood illness in children under five years of age, predominantly in the home and in first contact health services, such as primary, urgent and emergency care. She works collaboratively with parents and health professionals to understand patient and professional experiences and decision making. This evidence she applies to the development of interventions to improve access to care for acutely ill children.



**Dr Matthew Carey, Associate Professor in Child Health Nursing, School of Nursing and Midwifery, Faculty of Health, University of Plymouth**

Matt is a passionate children's nurse with a background in critical care who joined the University of Plymouth in 2012 as a lecturer in child health nursing. For the past 12 years Matt has facilitated the training and education of future generations of children's nurses and qualified professionals, leading to an Inspirational Teacher SSTAR Award in 2019, voted by students. After completing his PhD Matt gradually moved to focus more on research, leading to a promotion as an Associate Professor in Child Health Nursing. Matt's research interests are centred on children's nursing education, children, young people (CYP) and their families as well as critical care. Matt is Chief Investigator on a number of research projects including the Fit for Children and Young People ([Fit4CYP](#)) project and the ASTOUND study. The Fit4CYP project, co-led with Professor Sarah Neill was established to ensure that children's nursing education is fit for purpose. The ASTOUND Study, has been established with an expert panel representing 34 countries to explore the global provision of pre-registration education for the preparation of student nurses to care for neonates, infants, CYP and their families. Matt is also the award holder for the NIHR Undergraduate Research Internship Programme, to develop pre-registration student nurses as research leaders of the future. In addition, Matt is the Postgraduate Research Coordinator and the Research Leader for Child and Family Health within the School of Nursing of Midwifery.



**Rebecca (Becks) Daniels BEM, Community Children's Matron, East London NHS Foundation Trust**

Rebecca is a passionate children's nurse with 25yrs clinical and educational experience, including 19yrs community-based children's nursing, where she currently works as community children's matron in East London. She is an advocate for children and young people (CYP) with complex health needs, supporting their rights to be included in all aspects of community living, alongside their peers, to ensure they can reach their potential, however short their life might be. In 2020 Rebecca was awarded the Queen's Nurse title and during the COVID19 pandemic connected with other children's nurses, to tackle an inequality for clinically vulnerable CYP with complex health needs, requiring aerosol generating procedures (AGPs), as they were excluded from education. A national community children's nursing (CCN) network was set up, and Rebecca continues to chair the network, as CCN project lead at The Queen's Nursing Institute (QNI). She is passionate about influencing policy and promoting the voice of CYP with complex needs in policy decision making. She aspires for community children's nursing to be a larger core component of pre-registration training and for all CCNs to have the specialist practitioner qualification (SPQ), recognising and raising the profile of the advance clinical practice of CCNs across the UK.



**Professor Kerry Gaskin, Professor of Congenital Cardiac Nursing, Birmingham City University**

Kerry has 20 years of senior academic experience, leading departments (Midwifery, Paramedic, Advanced Practice/CPD) and managing academic teams, leading undergraduate, postgraduate and PhD courses, coordinating research and knowledge exchange within the school of nursing and midwifery and empowering academic, clinical staff and students to engage in academic and research professional development. She has supervised many masters' students and is currently supervising 5 PhD students. A Registered Children's Nurse and Adult Nurse, Kerry worked in Children's Cardiac Intensive Care, Paediatric Intensive Care and High Dependency Care at several specialist Children's Cardiac Units and Children's Hospitals in the UK before moving into academia in 2005. Her research focuses on parental experiences and home assessment using an early warning tool called the Congenital Heart Assessment Tool (CHAT), to enable parents to identify signs of deterioration in their infant and to make prompt contact with the appropriate health care professional. Kerry is a mixed-methods researcher with a particular interest in congenital heart disease and congenital cardiac nursing, she has led numerous pedagogical and clinical research studies and received funding through SPARK The Midlands, NIHR Wessex ARC, NIHR i4iFAST, The Health Foundation and Heart Research UK. She is Chair of the Congenital Cardiac Nurses Association (CCNA) UK, Associate Editor for Evidence Based Nursing and on the Editorial Board of Journal of Paramedic Practice providing paediatric expertise.



**Sarah Cartner, Specialist Health Visitor for 1001 Critical Days and Solihull Approach in Newcastle upon Tyne**

Sarah is a Specialist Health Visitor for 1001 Critical Days and Solihull Approach in Newcastle upon Tyne. Her role is a strategic post, funded by the Start for Life initiative through Children and Families Newcastle. Sarah works citywide with professionals from Health, Statutory and Voluntary sector services covering a range of projects linked to the 1001 Critical Days Period. Sarah has been a Midwife for 10 years and a Specialist Community Public Health Nurse (Health Visiting) for 4 years. Throughout her career she has always had a specialist interest in paternal mental health and improving father inclusive practice within healthcare and is a strong advocate for utilising a whole-family, relational approach to improve outcomes for babies, children and their families. Alongside her substantive post she is also co-chair of the Institute of Health Visiting's Health Visitor Advisory Forum and has taken part in expert panels for projects nationwide. Sarah co-ordinated the collaborative development of Newcastle 5-year Infant Mental Health Strategy and continues to coordinate the 1001 Critical days Think Tank, Solihull Approach training for professionals and Baby week as well as consulting on a range of projects across the Children and Families Newcastle Network. Sarah is also currently co-developing a collaboratively designed handheld resource for father's covering a range of topics to support the transition to parenthood and prevent the recurring issue of mis-communication of important safety messages.



**Sarah Robson, Father and Male Carer Enhanced Service Coordinator**

Sarahs works as a Father and Male Carer Enhanced Service Coordinator. This role is funded by Children and Families Newcastle through Barnardo's. The "Fathers and Male Carers Enhanced Service" offers a strategic focus on embedding Father and Male Carer inclusive practice citywide in Newcastle with a view to help and support partners to deliver and improve accessibility for Fathers and Male Carers. Sarah has worked in the youth and community sector for over 16 years and has a great deal of experience working with young people and families. Throughout this time, she has continued to have a professional curiosity around gender stereotyping relating to boys and men. Sarah explains, it is widely recognised that fathers and male carers are not generally acknowledged as 'primary carers' for the children they care for, with much of the responsibility in terms of care, information sharing and decision-making sitting with mothers. Sarah and colleagues will share their experiences on the systems change focus adopted in Newcastle.



**Laura Togher, Clinical Educator of the 0-19 service, Newcastle Hospitals NHS Foundation Trust**

Laura is a Clinical Educator of the 0-19 service within Newcastle Hospitals NHS Foundation Trust. Her professional background is a registered nurse (Child) and SCPHN (health visitor). Laura's specialist areas of interest are in reducing health inequalities and promoting equity to improve health outcomes for babies, children young people and their families. As a clinical educator Laura is passionate about workforce development across a skill mixed team, developing competence, building confidence, growing skills and stimulating innovation to deliver public health early intervention to the population of Newcastle Upon Tyne. Laura's specialist work projects include the SCPHN Apprenticeship programme, SCPHN preceptorship, workforce development, Safe Sleep, MECC, Record Keeping and SystemOne Development.



**Dr Paul Watson, Assistant Director of the Northern Hub for Veterans and Military Families Research (Military connected Children and Young People) and Assistant Professor in Childrens Nursing & Specialist Community Public Health Nursing, Northumbria University**

On leaving the Armed Forces, Paul completed a BSc in Mental Health nursing, specialising in children's mental health nursing in 2013. Paul then went on to complete a Post Graduate Diploma in Specialist Community Public Health Nursing (School Nurse) in 2014. Paul was appointed the school nurse for Catterick Military Garrison. On leaving clinical practice Paul went into higher education. Paul has a growing portfolio of research on the emotional health and wellbeing of Military connected children and young people, PTSD and social isolation and loneliness in the veteran population, military connected suicide, and is an expert in narrative methodologies. Moreover, Dr Watson completed his PhD in 2022, titled: The experiences of being a young carer of a veteran parent with PTSD: A narrative enquiry.



**Claire Camara, Assistant Professor in Childrens Nursing,  
Northumbria University**

Claire is a registered childrens nurse who qualified in 2011, since qualifying Claire has worked with children and young people in a variety of settings across oncology, clinical research and hospice care. In 2018, Claire began working as a Children and Young People's Nursing Graduate Tutor at Northumbria University. Claire's areas of interest include Paediatric Oncology, End of life care for children and young people and children and young people's experiences of clinical trial participation and she is currently studying for her PhD.



**Debby Whalen, Head of Leadership (Talent) NHS Leadership Academy  
North East and Yorkshire**

Debby's role encompasses support for staff at all levels across the NHS to see and reach their potential through leadership development, talent management support and access to coaching and mentoring. Throughout her career the key driver has always been to help people be their best selves. Debby has worked as a coach & mentor in the NHS for 17 years but has worked in the NHS for 37 years starting her career in nursing. Her career path has evolved into the current role through work in primary care, public health, service improvement and organisational development. Throughout this skills have been gathered through training in the use of varying psychometric and 360 assessment tools, plus coaching, mentoring and supervision development.



**Ezekiel Martin** is a 12-year-old with lived experience of complex medical care. He has been enterally fed (EN fed) since 10 months old and has undergone multiple surgical procedures and frequent hospital admissions. In "***My Nurse Matters***," Ezekiel offers a powerful patient perspective on the vital role nurses play in paediatric care — and what compassionate care truly means to a child.

## Thursday 18<sup>th</sup> September 2025 – Day 1

| Time      | Activity                                                   | Room Allocation                                 | Speaker                                                                                                                                                                                       |
|-----------|------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 0830-0930 | Registration -Teas/Coffees                                 | Main foyer -Business Centre, City Campus East 1 |                                                                                                                                                                                               |
| 0935-0940 | Welcome & Housekeeping                                     | Lecture Theatre CCE1 -001                       | <b>Robin Hyde</b><br>Chair of the Conference<br><b>Professor Alison Machin</b><br>Head of School and Chair, Council of Deans for Health Nursing and Health Sciences<br>Northumbria University |
| 0940-1010 | Opening Address                                            | Lecture Theatre CCE1 -001                       | <b>Duncan Burton</b> -Chief Nursing Officer -NHS England<br><b>To be confirmed</b>                                                                                                            |
| 1015-1105 | Interactive session -Panel Discussion & Q&A with delegates | Lecture Theatre CCE1 -001                       | <b>Panel members</b> – NHSE National Youth Board & Professional Expert Panel- <b>Members TBC</b>                                                                                              |
| 1110-1135 | Refreshments /Poster Viewing                               | Main foyer -Business Centre, City Campus East 1 |                                                                                                                                                                                               |

| Time      | Activity                                                                                                                                           | Room Allocation                                                                                                                                                                                                                | Speaker                                                  |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| 1140-1250 | Breakout session 1 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team |                                                                                                                                                                                                                                |                                                          |
| 1140-1250 | Oral presentations                                                                                                                                 | Breakout session (1a) -Inclusion & Innovation<br>Room 402                                                                                                                                                                      | Breakout session (1b) -Intervention & Impact<br>Room 403 |
| 1140-1250 | Plenary session 1                                                                                                                                  | <b>Spotlight on the patient and families experiences</b><br><b>Room 024</b><br>Amy and Ezekiel Martin - <i>My Nurse Matters</i><br>Rebecca Daniels and Shiela Brill -In Conversation - <i>Can I speak to Josephine please?</i> |                                                          |
| 1140-1250 | Workshop 1                                                                                                                                         | <b>NHS Leadership Academy NE &amp; North Yorkshire – Increasing Your impact: Influencing up, down and across –</b><br>Room 007 – Debby Whalen                                                                                  |                                                          |
| 1255-1355 | Lunch and Poster Viewing                                                                                                                           | Main foyer -Business Centre, City Campus East 1                                                                                                                                                                                |                                                          |

## Thursday 18<sup>th</sup> September 2025 – Day 1

| Time      | Activity                                                                                                                                           | Room Allocation                                                                                                                                                                  | Speaker                                                                                                                                                                                           |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1400-1505 | Key Note Speaker Session 1                                                                                                                         | Lecture Theatre CCE1 -001                                                                                                                                                        | Dr Matt Carey and Professor Sarah Neill<br>University of Plymouth -Fit4CYP project<br>Sarah Robson, Sarah Cartner and Laura Togher-<br>Barnardo's & NUTH<br>Fathers Inclusive Practice Initiative |
| 1510-1600 | Breakout session 2 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team |                                                                                                                                                                                  |                                                                                                                                                                                                   |
| 1510-1600 | Oral presentations                                                                                                                                 | Breakout session (2a) -Inclusion & Innovation<br>Room 402                                                                                                                        | Breakout session (2b) -Intervention & Impact<br>Room 403                                                                                                                                          |
| 1510-1600 | Plenary session 2                                                                                                                                  | Infant Mental Health Session -Childrens NE Team -Room 007 ( <i>TBC**awaiting final confirmation</i> )                                                                            |                                                                                                                                                                                                   |
| 1510-1600 | Workshop 2                                                                                                                                         | NHS Leadership Academy NE & North Yorkshire - Looking after you: exploring your own well-being –<br>Room 024 -Debby Whalen                                                       |                                                                                                                                                                                                   |
| 1605-1630 | Refreshments /Poster Viewing                                                                                                                       | Main foyer -Business Centre, City Campus East 1                                                                                                                                  |                                                                                                                                                                                                   |
| Time      | Activity                                                                                                                                           | Room Allocation                                                                                                                                                                  | Speaker                                                                                                                                                                                           |
| 1635-1730 | Breakout session 3 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team |                                                                                                                                                                                  |                                                                                                                                                                                                   |
| 1635-1730 | Oral presentations                                                                                                                                 | Breakout session (3a) -Inclusion & Innovation<br>Room 402                                                                                                                        | Breakout session (3b) -Intervention & Impact<br>Room 403                                                                                                                                          |
|           |                                                                                                                                                    | Breakout session (3c) -Inclusion & Innovation<br>Room 024                                                                                                                        | Breakout session (3d) -Intervention & Impact<br>Room 007                                                                                                                                          |
| 1735-1845 | Delegate Gathering/Networking<br>Post-Conference -Day 1                                                                                            | Main foyer -Business Centre, City Campus East 1<br>Free complimentary drink with light bites, opportunities for poster viewing and informal networking with conference delegates |                                                                                                                                                                                                   |

## Friday 19<sup>th</sup> September 2025 – Day 2

| Time      | Activity                                                                                                                                           | Room Allocation                                                                                                                                   | Speaker                                                                                                                                                                                        |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 0830-0930 | Registration -Teas/Coffees                                                                                                                         | Main foyer -Business Centre, City Campus East 1                                                                                                   |                                                                                                                                                                                                |
| 0930-0940 | Welcome & Housekeeping                                                                                                                             | Lecture Theatre CCE1 -001                                                                                                                         | Chair of the Conference,<br>Robin Hyde-Northumbria University                                                                                                                                  |
| 0945-1030 | Keynote session (3)                                                                                                                                | Lecture Theatre CCE1 -001<br>Team Evie – <i>A families story</i> (Final title TBC)                                                                | Greg Johnson -Chief Executive , Team Evie                                                                                                                                                      |
| 1035-1130 | Breakout session 4 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team |                                                                                                                                                   |                                                                                                                                                                                                |
| 1035-1130 | Breakout session(s)                                                                                                                                | Breakout session (4a) -Inclusion & Innovation<br>Room 402                                                                                         | Breakout session (4b) -Intervention & Impact<br>Room 403                                                                                                                                       |
| 1035-1130 | Plenary session 3                                                                                                                                  | Carli Whittaker -Head of Nursing Practice -CYP – <b>RCN CYP Developments and Priorities</b> Room 024                                              |                                                                                                                                                                                                |
| 1035-1130 | Workshop 3                                                                                                                                         | <b>NHS Leadership Academy NE &amp; North Yorkshire</b> – <i>Increasing Your impact: Influencing up, down and across</i> – Room 007 – Debby Whalen |                                                                                                                                                                                                |
| 1135-1200 | Refreshments /Poster Viewing                                                                                                                       | Main foyer -Business Centre, City Campus East 1                                                                                                   |                                                                                                                                                                                                |
| Time      | Activity                                                                                                                                           | Room Allocation                                                                                                                                   | Speaker                                                                                                                                                                                        |
| 1205-1255 | Breakout session 5 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team |                                                                                                                                                   |                                                                                                                                                                                                |
| 1205-1255 | Oral Presentations                                                                                                                                 | Breakout session (5a) -Inclusion & Innovation<br>Room 402                                                                                         | Breakout session (5b) -Intervention & Impact<br>Room 403                                                                                                                                       |
| 1205-1255 | Plenary session 4                                                                                                                                  | <b>Co-production in research and education</b> -Room 024- Dr Paul Watson & Claire Camara , Northumbria University                                 |                                                                                                                                                                                                |
| 1205-1255 | Workshop 4                                                                                                                                         | <b>Fathers Inclusive Practice</b> -Room 007 -Sarah Robson and team                                                                                |                                                                                                                                                                                                |
| 1300-1355 | Lunch and Poster Viewing                                                                                                                           | Main foyer -Business Centre, City Campus East 1                                                                                                   |                                                                                                                                                                                                |
| Time      | Activity                                                                                                                                           | Room Allocation                                                                                                                                   | Speaker                                                                                                                                                                                        |
| 1400-1455 | Keynote session (4)                                                                                                                                | Lecture Theatre CCE1 -001                                                                                                                         | Professor Bernie Carter<br><b>Professor of Childrens Nursing -Edge Hill University</b><br>Professor Kerry Gaskin<br><b>Professor of Congenital Cardiac Nursing, Birmingham City University</b> |
| 1505-1550 | Breakout session 6 * rooms have set capacities therefore once rooms are full, you may be re-directed to a different session by our conference team |                                                                                                                                                   |                                                                                                                                                                                                |
| 1505-1550 | Oral Presentations                                                                                                                                 | Breakout session (6a) -Inclusion & Innovation<br>Room 402                                                                                         | Breakout session (6b) -Intervention & Impact<br>Room 403                                                                                                                                       |
| 1505-1550 | Plenary session 5                                                                                                                                  | <b>NHS Play well Toolkit</b> – Room 024 - Starlight Team <b>TBC</b>                                                                               |                                                                                                                                                                                                |
| 1505-1550 | Workshop 5                                                                                                                                         | <b>Fathers Inclusive Practice</b> -Room 007 -Sarah Robson and team                                                                                |                                                                                                                                                                                                |
| 1600-1620 | Closing Remarks/Awards                                                                                                                             | Lecture Theatre CCE1 -001 - Chair of the Conference, Robin Hyde-Northumbria University                                                            |                                                                                                                                                                                                |

## Thursday 18<sup>th</sup> September 2025 – Breakout Sessions -Time(s), speaker(s) and room allocation(s)

| <b>Breakout session 1a</b> presentations 1140-1250<br><b>Inclusion and Innovation (Room 402)</b>                                                                                                | <b>Presenter</b>                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|
| Paediatric family activation rapid response (FARR): Qualitative exploratory study for the development of a digital multi-lingual intervention. <b>NCCYPNC2</b>                                  | Dr Takawira Marufu                         |
| Co-creating a digital risk mitigation pathway for children and young people (CYP) in mental health crisis admitted to acute paediatric care: A mixed methods exploratory study. <b>NCCYPNC3</b> | Prof Joseph Manning                        |
| Transition from paediatric to adult healthcare: Experiences of young people with pituitary conditions <b>NCCYPNC10</b>                                                                          | Yolanta Breese                             |
| <b>Breakout session 1b</b> presentations 1140-1250<br><b>Intervention and Impact (Room 403)</b>                                                                                                 | <b>Presenter</b>                           |
| Students experiences of caring for children and young people during end-of-life care. <b>NCCYPNC52</b>                                                                                          | Jane Callum/Claire Camara/Leah Rosengarten |
| Focusing on Personal and Professional Development for Children's Nurses. <b>NCCYPNC9</b>                                                                                                        | Leah Rosengarten                           |
| Suicide Prevention: Introducing the Lothian Safekeeping Plan© - A Safety Plan Framework for Parents. <b>NCCYPNC8</b>                                                                            | Susan Abbott-Smith                         |
| <b>Breakout session 2a</b> presentations 1510-1600<br><b>Inclusion and Innovation (Room 402)</b>                                                                                                | <b>Presenter</b>                           |
| Working in triadic partnership when caring for families for children with long-term conditions. <b>NCCYPNC16</b>                                                                                | Macey Barratt                              |
| Developing a mandatory undergraduate nursing curriculum within a placement providing setting to bridge the gap between academia and clinical practice. <b>NCCYPNC13</b>                         | Vanessa Keane                              |
| Heart to heart - Co-production of a peer support film for young people living with congenital heart disease. <b>NCCYPNC17</b>                                                                   | Kaye Walsh                                 |
| <b>Breakout session 2b</b> presentations 1510-1600<br><b>Intervention and Impact (Room 403)</b>                                                                                                 | <b>Presenter</b>                           |
| Use of hydrocortisone granules in children with adrenal insufficiency. <b>NCCYPNC19</b>                                                                                                         | Jacqueline O'Sullivan and Julia Russell    |
| Young people, chronic illness and clinical trial participation: the perception of their parents and nurses. <b>NCCYPNC47</b>                                                                    | Claire Camara                              |
| <b>Breakout session 3a</b> presentations 1635-1730<br><b>Inclusion and Innovation (Room 402)</b>                                                                                                | <b>Presenter</b>                           |
| Principles for Delivering Clinical Tasks in Education Settings. <b>NCCYPNC18</b>                                                                                                                | Sarah McKean                               |
| Promoting safer alternatives to the routine use of physical restraint in the care of hospitalised children: a scoping review. <b>NCCYPNC20</b>                                                  | Rob Kennedy                                |
| Fathers' influence and inclusion in infant feeding decisions: A study for healthcare professionals, policymakers, and service providers. <b>NCCYPNC22</b>                                       | Jennifer Menzies                           |
| <b>Breakout session 3b</b> presentations 1635-1730<br><b>Intervention and Impact (Room 403)</b>                                                                                                 | <b>Presenter</b>                           |
| What advice are health professionals at 0-19 service giving regarding screen time at the 1 year and 2-year contact visit? <b>NCCYPNC34</b>                                                      | Natasha Mackey                             |
| An Audit of Fertility Preservation in a Specialist Paediatric Stem Cell Transplant Centre. <b>NCCYPNC28</b>                                                                                     | Karen Nicholson                            |
| <b>Breakout session 3c</b> presentations 1635-1730<br><b>Inclusion and Innovation (Room 024)</b>                                                                                                | <b>Presenter</b>                           |
| A retrospective, phenomenological study examining how care experience influences diet and eating practices. <b>NCCYPNC24</b>                                                                    | Dr Sarah Greenshields                      |
| "I think they should see us more in clinic and less on video ... what if I miss something": Insights from Children, Parents, and Professionals about Remote Consultations. <b>NCCYPNC39</b>     | Dr Holly Saron                             |
| <b>Breakout session 3d</b> presentations 1635-1730<br><b>Intervention and Impact (Room 007)</b>                                                                                                 | <b>Presenter</b>                           |
| 'What can health visitors in Great Britain learn from child safeguarding practice reviews? <b>NCCYPNC37</b>                                                                                     | Joanna Gallagher                           |
| Dealing with sudden or unexpected child death in acute hospital settings: the journey of developing a multi-agency training day. <b>NCCYPNC53</b>                                               | Louise Cullen                              |

## Friday 19<sup>th</sup> September 2025 – Breakout Sessions -Time(s), speaker(s) and room allocation(s)

| <b>Breakout session 4a</b> presentations 1035-1130<br><b>Inclusion and Innovation (Room 402)</b>                                                                                     | <b>Presenter</b>               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| Inclusion matters: children and young adults with communication difficulties in a hospice/short-break setting. <b>NCCYPNC41</b>                                                      | Dianne Nicholson               |
| Preparing student nurses for future multi-disciplinary working across health education and social care using a strategy meeting concept. <b>NCCYPNC49</b>                            | Jane Callum/ Dr Lynette Harper |
| <b>Breakout session 4b</b> presentations 1035-1130<br><b>Intervention and Impact (Room 403)</b>                                                                                      | <b>Presenter</b>               |
| The emotional and social impact of social media on children and young people; is there a role for the school nurse? <b>NCCYPNC40</b>                                                 | Beverley Hollinshead           |
| Developing a cardiology simulation enhanced education programme across the North East and North Cumbria. <b>NCCYPNC6</b>                                                             | Sarah Lane                     |
| <b>Breakout session 5a</b> presentations 1205-1255<br><b>Inclusion and Innovation (Room 402)</b>                                                                                     | <b>Presenter</b>               |
| 'A Measure of Health Visitor Practice Supporting Bereaved Parents'. <b>NCCYPNC33</b>                                                                                                 | Heidi Hedley                   |
| What are the benefits or barriers of interventions to support new Advanced Practice Nurses. A Systematic Review of Qualitative to inform a new preceptorship offer. <b>NCCYPNC42</b> | Laura Togher                   |
| <b>Breakout session 5b</b> presentations 1205-1255<br><b>Intervention and Impact (Room 403)</b>                                                                                      | <b>Presenter</b>               |
| Recognising and making sense of child neglect- a paediatric nursing perspective. <b>NCCYPNC1</b>                                                                                     | Frances Gunn                   |
| Improving collaborative specialised education for newly employed nursing staff. <b>NCCYPNC25</b>                                                                                     | Elaine Telford                 |
| <b>Breakout session 6a</b> presentations 1505-1550<br><b>Inclusion and Innovation (Room 402)</b>                                                                                     | <b>Presenter</b>               |
| No gowns and walking to theatre. <b>NCCYPNC11</b>                                                                                                                                    | Hannah Longfils                |
| Paediatric Early Warning Score & Marthas Rule. <b>NCCYPNC27</b>                                                                                                                      | Frances Kavanagh               |
| <b>Breakout session 6b</b> presentations 1500-1555<br><b>Intervention and Impact (Room 403)</b>                                                                                      | <b>Presenter</b>               |
| Factors that influence health professionals decision making in safeguarding children and young people. <b>NCCYPNC46</b>                                                              | Katherine Drape                |
| Collaborative working to establish a pathway for home phototherapy with paediatric virtual ward. <b>NCCYPNC4</b>                                                                     | Sophie Harris                  |

## Thursday 18<sup>th</sup> September 2025 – Breakout Sessions -Workshop and Plenary Sessions

| Workshop (1) 1140-1255<br>(Room 007)                                                                         | Presenter                                       |
|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------|
| NHS Leadership Academy NE & North Yorkshire – <i>Increasing Your impact: Influencing up, down and across</i> | Debby Whalen                                    |
| Plenary Session (1) 1140-1255<br>(Room 024)                                                                  | Presenter                                       |
| Spotlight on the patient and family experience                                                               | Amy Martin<br>Rebecca Daniels /<br>Sheila Brill |
| Workshop (2) 1500-1600<br>(Room 007)                                                                         | Presenter                                       |
| NHS Leadership Academy NE & North Yorkshire - <i>Looking after you: exploring your own well-being</i>        | Debby Whalen                                    |
| Plenary Session (2) 1500-1600<br>(Room 024)                                                                  | Presenter                                       |
| Infant mental health – Childrens North East ( <i>TBC**awaiting final confirmation</i> )                      | TBC                                             |

## Friday 19<sup>th</sup> September 2025 – Breakout Sessions -Workshop and Plenary Sessions

| Workshop (3) 1035-1130<br>(Room 007)                                                                         | Presenter                           |
|--------------------------------------------------------------------------------------------------------------|-------------------------------------|
| NHS Leadership Academy NE & North Yorkshire – <i>Increasing Your impact: Influencing up, down and across</i> | Debby Whalen                        |
| Plenary Session (3) 1035-1130<br>(Room 024)                                                                  | Presenter                           |
| RCN CYP Developments and Priorities                                                                          | Carti Whittaker                     |
| Workshop (4) 1205-1255<br>(Room 007)                                                                         | Presenter                           |
| Fathers Inclusive Practice                                                                                   | Sarah Robson and<br>team            |
| Plenary Session (4) 1205-1255<br>(Room 024)                                                                  | Presenter                           |
| Co-production in research and education                                                                      | Dr Paul Watson<br>and Claire Camara |
| Workshop (5) 1505-1550<br>(Room 007)                                                                         |                                     |
| Fathers Inclusive Practice                                                                                   | Sarah Robson and<br>team            |
| Plenary Session (5) 1505-1550<br>(Room 024)                                                                  |                                     |
| NHS Play well Toolkit                                                                                        | Starlight Team                      |

## Thursday 18<sup>th</sup> and Friday 19<sup>th</sup> September 2025 – Poster Presentations

| Poster Presentations                                                                                                                                                        | Presenter                                       | Stand Number | Theme        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------|--------------|
| Down's Syndrome Medical Surveillance in Early years.<br><b>NCCYPNC5</b>                                                                                                     | Narinder Kular                                  | 1            | Impact       |
| How Should Homecare Providers Support Parents of Young People with Complex Care Needs When They Transition from Child to Adult Services? <b>NCCYPNC12</b>                   | Joanna Grant                                    | 2            | Inclusion    |
| How can healthcare professionals holistically support parents of medically complex children and young people with Blended Diet? <b>NCCYPNC23</b>                            | Katie Angell                                    | 3            | Intervention |
| Closer to Home, developing tracheostomy services across the west midlands. <b>NCCYPNC26</b>                                                                                 | Nicola Holt                                     | 4            | Inclusion    |
| Review of gross motor development documentation at the 9-12month contact.<br><b>NCCYPNC30</b>                                                                               | Ellie Weetman                                   | 5            | Intervention |
| Using the four pillars of Advanced Practice to improve patient care and reduce the need for PCA: an early service evaluation from a large oncology centre. <b>NCCYPNC35</b> | Rachel Desai                                    | 6            | Innovation   |
| Implementing In - Situ Simulation in the Inpatient Clinical Setting - an on-going project. <b>NCCYPNC36</b>                                                                 | Helen White                                     | 7            | Innovation   |
| Enhancements to education for the future of children and young people's nursing.<br><b>NCCYPNC43</b>                                                                        | Chrissie Richardson                             | 8            | Innovation   |
| Childrens nurses experience of being observed by parents and carers in clinical placement. <b>NCCYPNC50</b>                                                                 | Barbara Davies                                  | 9            | Impact       |
| Students experiences of caring for children and young people during end-of-life care. <b>NCCYPNC52</b>                                                                      | Jane Callum, Claire Camara and Leah Rosengarten | 10           | Impact       |
| Enabling effective learning environments amongst nursing, midwifery and allied health professionals (NMAHP) using virtual reality technology. <b>NCCYPNC54</b>              | STSFT practice education team                   | 11           | Intervention |
| Implementation of Professional Nurse Advocate Role and Restorative Clinical Supervision in the Hospital Setting.<br><b>NCCYPNC38</b>                                        | Helen White                                     | 12           | Innovation   |

## Conference exhibitors -Thursday 18<sup>th</sup> and Friday 19<sup>th</sup> September 2025

| Organisation                                                                 | Stall Number |
|------------------------------------------------------------------------------|--------------|
| Nursing and Midwifery Council, UK                                            | 1            |
| Adam Rouilly                                                                 | 2            |
| Childrens North East                                                         | 3            |
| North East & North Cumbria Paediatric Critical & Surgery in Children Network | 4            |
| Northumbria Blood Bikes                                                      | 5            |
| Barnardos                                                                    | 6            |
| Royal College of Nursing                                                     | 10           |
| Association of British Paediatric Nurses                                     | 11           |
| Northern Skies Hypnotherapy                                                  | 12           |
| South Tyneside and Sunderland NHS Foundation Trust                           | 13           |
| Starlight                                                                    | 14           |
| WellChild Trust                                                              | 15           |
| <b>Exhibition Stalls TBC</b>                                                 |              |
| The Breastfeeding Network (TBC)                                              | 16           |
| Sentira XR (TBC)                                                             | 17           |
| Roald Dahls Marvellous Childrens Charity (TBC)                               | 18           |
| Great North Childrens Hospital Charity (TBC)                                 | 19           |